

2004 Alaska International Senior Games

August 13-22, 2004

Games for All Seniors 50 years and Better

2004 Results

Leisure Games

- Bridge
- Checkers
- Chess
- Cribbage
- Dart Throw
- Dominoes
- Pinochle
- Scrabble

Archery

- Basketball
- Bowling
- Cycling
- Fly Casting
- Golf
- Horseshoes
- Mountain Biking
- Racquetball



Novelty Games

- Basketball Toss
- Bean Bag Toss
- Frisbee Throw
- Miniature Golf
- Nail Driving
- Softball Throw
- 100 Yard Walk
- 440 Yard Walk

5K Road Race

10K Race

Softball

Swimming

Table Tennis

Tennis

Track & Field

Trap Shooting

Triathlon

Volleyball

MAKING THOSE SENIOR YEARS TRULY GOLDEN

IN THE GOLDEN HEART CITY

FAIRBANKS, ALASKA

Table of Contents

Table of Contents	2
Alaska International Senior Games ,	
Board of Directors and Mission Statement	3
Our Sponsors	4
Opening Ceremony	5
Leisure Games	6
Novelty Games	8
Archery	12
Bowling	13
Fly Casting	15
Golf	16
Horseshoes	17
Mountain Biking	18
Racquetball	19
Softball	20
Swimming	21
Table Tennis	23
Tennis	24
Track & Field	26
Trapshooting	31
Closing Ceremony	33
The History of the National Senior Games Association	34
Registration information form	36 (back cover)

Where did it go?

A few of our scheduled events were cancelled due to weather and other constraints (such as the smoke from the forest fires this past summer). So, if you don't see results from an activity such as the Triathlon, Cycling or the 5K and 10K Road Races, don't worry, they'll be back next year!

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The 2004 Alaska International Senior Games



AISG Mission Statement

The purpose of the Alaska International Senior Games is twofold:

(1) to promote the health and fitness of adults 50 years and older through;

(a) encouraging seniors to undertake and continue participation in a healthful and fitness-oriented lifestyle

(b) provide activities for older adults to compete with their peers and receive recognition for the efforts and achievements in a atmosphere of friendship and support

(2) increase the bonds within the community by;

(a) focusing public attention on the importance of regular physical activity/exercise as a way to achieve and preserve better health, especially among older adults

(b) promote a positive image of older adults including opportunities for positive role-modeling

(c) Government, businesses and residents joining together in promoting and presenting senior games in Fairbanks, Alaska

Profile

Alaska International Senior Games, Inc. is a domestic nonprofit corporation headquarter at 504 College Road Fairbanks, Alaska 99701. It telephone number is (907)456-2569 . Mailing address is P.O. Box 73225 Fairbanks, Alaska 99707. Funding is derived from corporate , business and private sponsors.

Many Thanks to Our Sponsors!

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We are sorry if we have omitted the name of any sponsor. Your participation and support of the Alaska International Senior Games is very much appreciated.





2004 Opening Ceremonies

Sponsored by

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Alaska International Senior Games is a member of the
National Senior Games Association

Leisure Games

Commissioner: Denise Hiatt

Site:

Fairbanks Senior Center

Bridge Results



Women's 60-64
Gold Pam Woodward
Women's 65-69
Gold Margaret Van Flein
Women's 70-74
Gold Garnette Peterson
Silver Marian Thomas

Women's 80-84
Gold Betty Carlson
Silver Marian Hoffman
Men's 55-59
Gold Robert Fox
Men's 70-74
Gold David Watson

Chess Results

Checkers Results

Women's 50-54
Gold Diann Darnall
Men's 75-79
Gold Ivan F. Grondin

Women's 65-69
Gold Peggy Birkenbuel
Women's 70-74
Gold Tula Belton
Silver Ellen Brown
Bronze Ruth Knapman
Men's 65-69
Gold Dan Holleman
Silver Gerald Whitton



Cribbage Results

Women's 50-54
Gold Patricia Felcyn
Women's 55-59
Gold Linda Wells
Women's 65-69
Gold Arlene Cavanaugh
Women's 70-74
Gold Ellen Brown
Men's 50-54
Gold Johnny Jones
Men's 55-59
Gold Dan Wells
Silver Bob Knight

Men's 60-64
Gold Jim Stagdon
Silver Bob Anderl
Men's 65-69
Gold Gerald Whitton
Men's 75-79
Gold Paul Esau
Men's 85-89
Gold Tim Sander

Dominoes Results

Women's 55-59
Gold M. Ann ^{Aylor} ~~Aylor~~
Women's 60-64
Gold JoAnn Wolcott
Women's 65-69
Gold Peggy Birkenbuel

Women's 70-74
Gold Ellen Brown
Women's 75-79
Gold Marian Hoffman
Men's 50-54
Gold John Berdahl

Darts Results

Scrabble Results

Women's 65-69

Gold
Silver

Peggy Birkenbuel
Kristi Ahlnas

Women's 70-74

Gold
Silver

Ellen Brown
Marian Hoffman

Men's 60-64

Gold

Bob Anderl

Men's 85-89

Gold

Tim Sander

Women's 60-64

Gold
Silver

Jeanne Rydberg
Marlys Henderson

Women's 65-69

Gold
Silver

Peggy Birkenbuel
Janice Whitton

Women's 70-74

Gold
Silver

Constance Burnett
Ellen Brown

Pinochle Results

Women's 55-59

Gold

Cookie Gilbert

Women's 60-64 Division 1

Gold
Silver

Freda Russell
Beth Stagdon

Women's 60-64 Division 2

Gold
Silver

Beth Stagdon
Freda Russell

Women's 65-69

Gold

JoAnn Fletcher

Women's 65-69

Gold

Bonnie Feistner

Women's 65-69

Gold

Olinda Droz

Women's 65-69

Gold

Delores Linzner

Men's 50-54

Gold

Fred Mongiovanni

Men's 60-64

Gold

Jim Stagdon

Men's 65-69

Gold

Ivan Grondin

Men's 80-84

Gold

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Novelty Games

Commissioner: Jim/Arlene Cavanaugh

Site: Pioneer Park, Moose Creek Shelter

Basketball Toss Results

Women's 50-54 Gold	Fancie Cork	2	Men's 55-59 Gold	Dan Wells	2
Women's 60-64 Gold	Ritchie Musick	2	Men's 60-64 Gold	Bob Anderl	2
Women's 65-69 Gold	Peggy Birkenbuel	1	Men's 65-69 Gold	Kyle Holladay	4
Women's 70-74 Gold	Ruth Knapman	3	Men's 70-74 Gold	David Watson	3
	Agnes Govednik	2	Men's 85-89 Gold	Tim Sanders	0
	Ellen Brown	1			
Women's 80-84 Gold	Marie Burnett	0			

Bean Bag Toss Results

Women's 50-54 Gold	Fancie Cork	12	Women's 80-84 Gold	Marie Burnett	8
Women's 55-59 Gold	Linda Wells	12	Men's 55-59 Gold	Dan Wells	11
Women's 60-64 Gold	Ritchie Musick	6	Men's 60-64 Gold	Bob Anderl	7
Women's 65-69 Gold	Peggy Birkenbuel	2	Men's 65-69 Gold	Kyle Holladay	9
Women's 70-74 Gold	Ellen Brown	5	Men's 65-69 Silver	Gerald Whitton	5
	Agnes Govednik	1	Men's 85-89 Gold	Tim Sanders	3
	Ruth Knapman	1			

Frisbee Throw Results

Women's 50-54 Gold	Fancie Cork	61'9"	Women's 80-84 Gold	Marie Burnett	53'4"
Women's 55-59 Gold	Linda Wells	64'3"	Men's 55-59 Gold	Dan Wells	84'3"
Women's 60-64 Gold	Ritchie Musick	77'2"	Men's 60-64 Gold	Bob Anderl	100'5"
Women's 65-69 Gold	Peggy Birkenbuel	84'2"	Men's 65-69 Gold	Gerald Whitton	100'4"
Women's 70-74 Gold	Ellen Brown	49'10"	Men's 65-69 Silver	Kyle Holladay	64'8"
	Agnes Govednik	49'2"	Men's 85-89 Gold	Tim Sanders	72'3"

Miniature Golf Results

Women's 50-54			Women's 80-84		
Gold	Pat DeRuyter	44	Gold	Marie Burnett	69
Silver	Fancie Cork	76	Men's 50-54		
Women's 55-59			Gold	Clyde Lorenz	61
Gold	Linda Wells	44	Men's 55-59		
Silver	Clarice Dukeminier	46	Gold	Dan Wells	51
Women's 60-64			Men's 60-64		
Gold	Karen Jones	49	Gold	Bob Anderl	43
Women's 65-69			Men's 65-69		
Gold	Peggy Birkenbuel	41	Gold	Kyle Holladay	73
Women's 70-74			Men's 85-89		
Gold	Ruth Knapman	40	Gold	Tim Sanders	59
Silver	Agnes Govednik	61			
Bronze	Ellen Brown	62			

See you for the 2005
games!
August 12-21st

Nail Driving Results

Women's 50-54			Women's 80-84		
Gold	Fancie Cork	5.5 sec	Gold	Marie Burnett	10.3 sec
Women's 60-64			Men's 55-59		
Gold	Ritchie Musick	5.3 sec	Gold	Dan Wells	5 sec
Women's 65-69			Men's 65-69		
Gold	Janice Whitton	4.28 sec	Gold	Gerald Whitton	4.32 sec
Silver	Peggy Birkenbuel	7.4 sec	Men's 85-89		
Women's 70-74			Gold	Tim Sanders	4.5 sec
Gold	Agnes Govednik	5.59 sec			
Silver	Ruth Knapman	5.94 sec			
Bronze	Ellen Brown	17.8 sec			



Softball Throw Results

Women's 50-54			Men's 50-54		
Gold	Fancie Cork	71'3"	Gold	Clyde Lorenz	140'
Women's 55-59			Men's 55-59		
Gold	Linda Wells	58'9"	Gold	Dan Wells	108'9"
Women's 60-64			Men's 65-69		
Gold	Ritchie Musick	68'7"	Gold	Paul Beckman	151'7"
Women's 65-69			Silver	Gerald Whitton	101'4"
Gold	Peggy Birkenbuel	61'	Bronze	Kyle Holladay	76'7"
Women's 70-74			Men's 85-89		
Gold	Ruth Knapman	57'8"	Gold	Tim Sanders	66'3"
Silver	Ellen Brown	42'			
Women's 80-84					
Gold	Marie Burnett	43'9"			

Novelty Games

continued



440 Yard Walk Results

Women's 50-54			Men's 50-54		
Gold	Fancie Cork	2:44	Gold	Clyde Lorenz	3:17
Women's 55-59			Men's 55-59		
Gold	Linda Wells	3:34	Gold	Dan Wells	3:21
Women's 60-64			Men's 60-64		
Gold	Ritchie Musick	3:42	Gold	Bob Anderl	3:59
Women's 65-69			Men's 65-69		
Gold	Peggy Birkenbuel	3:18	Gold	Gerald Whitton	2:45
Silver	Janice Whitton	3:49	Silver	Kyle Holladay	3:52
Women's 70-74			Men's 85-89		
Gold	Ruth Knapman	3:29	Gold	Tim Sanders	5:23
Silver	Agnes Govednik	3:33			
Women's 80-84					
Gold	Marie Burnett	5:23			



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We are proud residents of Alaska and Appreciate the opportunity to join other businesses in supporting the Alaska International Senior Games and the goal of fostering an improved quality of senior life through healthy exercise related activities.

100 Yard Walk Results

Women's 50-54			Men's 50-54		
Gold	Francie Cork	:34	Gold	Clyde Lorenz	:40
Women's 55-59			Men's 55-59		
Gold	Linda Wells	:46	Gold	Dan Wells	:44
Women's 60-64			Men's 60-64		
Gold	Judy Tolbert	:38	Gold	Bob Anderl	:41
Women's 65-69			Men's 65-69		
Gold	Peggy Birkenbuel	:35	Gold	Kyle Holladay	1:00
Women's 70-74			Men's 85-89		
Gold	Ruth Knapman	:39	Gold	Tim Sanders	1:12
Silver	Agnes Grovednik	:40			
Bronze	Ellen Brown	:50			

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Archery

Commissioner: Del Demeritt

Site: Fairbanks Curling Club Parking Lot

Compound Release Results

Women's 55-59 Gold	Marsha Weatherford	1617	Men's 60-64 Gold	Rod Miland	1685
Men's 50-54 Gold	Garry Thoms	1673	Men's 65-69 Gold	Leonard Weatherford	1739
Men's 55-59 Gold	Dennis Goldbach	1505			

Barebow Recurve Results

Women's 60-64 Gold	Marlys Henderson	188
Men's 50-54 Gold	William Payton	1072

Recurve Results

Men's 55-59 Gold	Joe Mattie	1569
Silver	Dennis Knutson	1156
Men's 65-69 Gold	Delbert Demeritt	1237



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Bowling

Commissioner: Charlotte Perotti

Site: Artic Bowl

Singles Results

Women's 50-54				Women's 75-79		
Gold	Lynn Immel	591		Gold	Mary Ann Eberhardt	363
Silver	Diann Darnall	471		Women's 80-84		
Bronze	Pam Miller	431		Gold	Evelyn Branson	371
Women's 60-64				Women's 85-89		
Gold	Karen Sours	500		Gold	Battie Upright	357
Silver	Charlotte Perotti	388		Men's 55-59		
Bronze	Karen Jones	322		Gold	Rick Winther	634
Women's 65-69				Silver	John Berdahl	455
Gold	Janice Krigs vold	461		Men's 60-64		
Silver	Liese Parent	450		Gold	Bruce Perotti	517
Bronze	Margaret Henderson	394		Men's 75-79		
Women's 70-74				Gold	Richard Hansen	389
Gold	Sister Pat Mayer	398				
Silver	Constance Burnett	307				
Bronze	Agnes Govednik	287				

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AISG Bowling Event

and the

Closing Ceremony

Fly Casting

Commissioner: Shann Jones

Site: Ballaine Lake, Fairbanks

Results

Women's 50-54

Gold

Diann Darnall

Women's 55-59

Gold

Peggy Buss

Men's 55-59

Gold

Fred DeCicco

Men's 60-64

Gold

Ken Alt

Men's 70-74

Gold

Ron Ricketts

Men's 85-89

Gold

Tim Sander



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Alaska International Senior Games

Alaska International Senior Games

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Bowling

continued

Doubles Results

Women's 50-54			Women's 85-89		
Gold	Pam Miller		Gold	Lucille Beer	
	Charlotte Perotti	871		Battie Upright	758
Silver	Lynn Immel		Men's 55-59		
	Sister Pat Mayer	862	Gold	Rick Winther	
Women's 60-64				Ron Garris Jr	1216
Gold	Judy Martsof				
	Constance Burnett	640	Men's 50-54		
Women's 65-69			Gold	Don Cook	
Gold	Liese Parent			Johnny Jones	954
	Mary Ann Eberhardt	844			
Silver	Margaret Henderson				
	Evelyn Branson	811			
Bronze	Janice Krigsvold				
	Arlene Cavanaugh	736			

Mixed Doubles Results

50-54			60-64		
Gold	Sister Pat Mayer		Gold	Charlotte Perotti	
	Tom Marsh	958		Bruce Perotti	977
55-59			65-69		
Gold	Karen Sours		Gold	Ron Garris Jr.	
	Rick Winther	1114		Margaret Henderson	894
Silver	John Berdahl		75-79		
	Janice Krigsvold	849	Gold	Walt Eberhardt	
				Mary Ann Aberhardt	815



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Golf

Commissioner: Dick Morris

Site: Fairbanks Golf & Country Club

Results

Women's 60-64				Men's 75-79		
Gold	Sherry Fisler	90		Gold	James Hendrie	89
Silver	Karen Jones	91		Men's 80-84		
Bronze	SanTina Meath	85		Gold	Frank Fantazzi	86
Men's 55-59						
Gold	Dick Morris	78				

The Fairbanks Economic Development Corporation

FEDC is a proud sponsor of the Second Annual Senior Games of the Golf Competition. It is an honor to be part of a program that enhances the lives of so many of our citizens by encouraging exercise as part of healthy living.



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 Alaska International Senior Games
 in providing services to Alaskans.

474-4101

Horseshoes

Commissioner: Ron Coleman

Site: Terry Miller Park, North Pole

Results

Women's 50-54

Gold

Diann Darnall

Women's 80-84

Gold

Marie Burnett

Men's 55-59

Gold

Curtis Sims

Men's 65-69

Gold

Ronald Leroux

Silver

Jim Cavanaugh

Men's 75-79

Gold

Glenn Shaver

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North Pole
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opportunity
to sponsor the
Horseshoes Event
at Terry Miller Park in
North Pole.**

Mountain Biking

Commissioner: Kay Kindt

Site: Birch Hill Cross Country Ski Hut

Results

Women's 50-54

Gold

Gail Koeph

Silver

Diann Darnall

Women's 55-59

Gold

Charlotte Berdahl

Men's 50-54

Gold

Rocky Reifenstuhl

Men's 50-54 Ultra

Gold

John Berdahl

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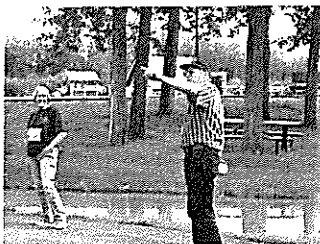
Alaska International Senior Games

USIBELLI COAL MINE, INC

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Pike's Landing

479-6500 Fairbanks



Racquetball

Commissioner: Dan Wells

Site: The Alaska Club, North

Singles Results

Women's 55-59

Gold

Linda Wells

Women's 65-69

Gold

Peggy Birkenbuel

Men's 50-54

Gold

Dave Carlstrom

Silver

John Berdahl

Bronze

Clyde Lorenz

Men's 55-59

Gold

Dan Wells

Silver

Ed Callaghan

Men's 65-69

Gold

Jim Madonna

Doubles Results

Men's 50-54

Gold

John Berdahl

Jerry Lipka

Silver

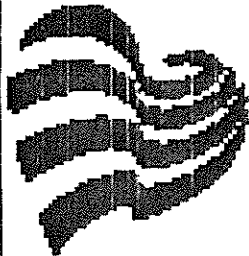
Clyde Lorenz

Men's 55-59

Gold

Dan Wells

Ed Callaghan



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Softball

Commissioner: B.J Hall

Site: Hez Rey Complex

Gold

Silver

BJ All-Stars Team Score-20

BJ Hall
Donny Thies
Shane McAfee
Mike Lessley
George Roderick
Mike Desmond
Bill Kilgore
Duane Roy
Bart LeBon
Tony Letoligasenoa

Diamond Fence Team Score-7

Barry Levitz
Ron Gossell
Tom
Frank Campbell
Roy Siah
Bill Cotton
Bill Blizzard
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Softball
Competition

Swimming

Commissioner: Kat Betters

Site: Hamme Pool, Lathrop High School

50 Yd Backstroke

Women's 55-59		
Gold	Janet Schichnes	:54.65
Silver	Charlotte Berdahl	1:00.58
Bronze	Donna Kime	1:04.53
Women's 60-64		
Gold	Mary Jane Dickey	:48.53
Silver	Karen Jones	1:04.18
Men's 55-59		
Gold	Ken Hickey	:39.38

50 Yd Breaststroke

Women's 55-59		
Gold	Margaret Billington	:54.81
Women's 60-64		
Gold	Karen Jones	1:11.95
Silver	Nora Braniff	1:13.96
Women's 65-69		
Gold	Margaret Van Flein	:52.90
Silver	Kristina Ahlnas	1:15.85
Bronze	Peggy Birkenbuel	1:31.25
Women's 80-84		
Gold	Betty Carlson	3:56.18
Men's 50-54		
Gold	Mark Wade	:55.50
Men's 55-59		
Gold	Dennis Quinn	:48.15
Silver	Ken Hickey	:49.43

100 Yd Backstroke

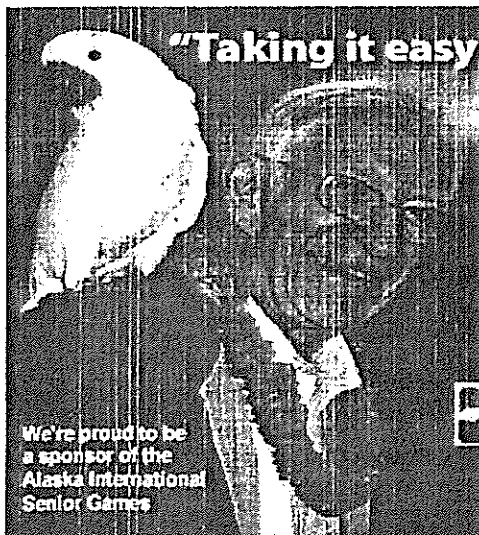
Women's 55-59		
Gold	Janet Schichnes	2:08.60
Silver	Charlotte Berdahl	2:17.31
Women's 60-64		
Gold	Mary Jane Dickey	:1:50.75
Silver	Nora Braniff	2:28.09
Men's 55-59		
Gold	Ken Hickey	1:29.65

100 Yd Breaststroke

Women's 55-59		
Gold	Margaret Billington	2:00.95
Women's 60-64		
Gold	Karen Jones	2:41.31
Women's 65-69		
Gold	Margaret Van Flein	2:00.50
Silver	Kristina Ahlnas	2:56.00
Bronze	Peggy Birkenbuel	3:03.84
Men's 50-54		
Gold	Mark Wade	2:16.18

50 Yd Butterfly

Women's 55-59		
Gold	Donna Kime	:59.79



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Swimming

continued

50 Yd Freestyle

Women's 55-59			
Gold	Barbara Sweet	:	39.50
Silver	Margaret Billington	:	47.09
Bronze	Donna Kime	:	48.93

Women's 60-64			
Gold	Mary Jane Dickey	:	46.09
Silver	Karen Jones	:	56.93

Women's 65-69			
Gold	Margaret Van Flein	:	49.12
Silver	Peggy Birkenbuel	:	1:13.40

Women's 70-74			
Gold	Ellen Brown	:	1:44.31

Men's 50-54			
Gold	Mark Wade	:	36.23

Men's 55-59			
Gold	Dennis Quinn	:	31.45
Silver	Ken Hickey	:	34.18
Bronze	Edward Callaghan	:	44.28

500 Yd Freestyle

Women's 55-59			
Gold	Margaret Billington	:	10:44.71

Women's 65-69			
Gold	Norma Braniff	:	10:39.61

Men's 55-59			
Gold	John Walsh	:	11:08.87
Silver	Ed Callaghan	:	11:45.81

Men's 65-69			
Gold	Jim Madonna	:	12:55.50

100 Yd Freestyle

Women's 55-59			
Gold	Barbara Sweet	:	1:30.75
Silver	Donna Kime	:	2:01.84

Women's 65-69			
Gold	Peggy Birkenbuel	:	3:00.83

Men's 55-59			
Gold	Dennis Quinn	:	1:11.90

200 Yd Freestyle

Women's 55-59			
Gold	Barbara Sweet	:	3:15.28

Men's 55-59			
Gold	Dennis Quinn	:	2:46.43
Silver	John Walsh	:	4:10.43

Men's 65-69			
Gold	Jim Madonna	:	4:25.46

100 Yd IM

Women's 55-59			
Gold	Barbara Sweet	:	1:47.46

Women's 60-64			
Gold	Mary Jane Dickey	:	2:10.42

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Table Tennis

Commissioner: Alex Huxley

Site: UAF Wood Center

Singles Results

Women's 50-54

Gold

Diann Darnall

Silver

Shirley Bennett

Bronze

Peggy Birkenbuel

Men's 50-54

Gold

Mark Wade

Silver

Kelly Rivers

Bronze

Achim Brauser

Men's 55-59

Gold

Andy Hutzal

Silver

Michael Ehlers

Men's 60-64

Gold

Thomas Curry

Men's 65-69

Gold

Dan Holleman

Silver

Gerald Whitton

Men's 70-74

Gold

Robert Sullivan

Men's 75-79

Gold

Boyd Bennett

Doubles Results

Men's 50-54

Gold

Mark Wade

Boyd Bennett

Silver

Achim Brauser

Alan Armbruster

Men's 55-59

Gold

Michael Ehlers

Andy Hutzal

Men's 60-64

Gold

Dan Holleman

Thomas Curry

Mixed Doubles Results

Gold

Diann Darnall

Mark Wade

Silver

Peggy Birkenbuel

Michael Ehlers

Bronze

Shirley Bennett

Boyd Bennett

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Table Tennis Event

Tennis

Commissioner: Joe Sullivan

Site: The Alaska Club, South

Singles Results

Women's 50-54	
Gold	Sue Murray
Silver	Gayle Hazen
Women's 60-64	
Gold	Penny Wakefield
Silver	Carol Lewis
Bronze	Judy Tolbert
Women's 65-69	
Gold	Cathy Thomas
Men's 50-54	
Gold	Dave Carlstrom
Men's 55-59	
Gold	Jerry Lipka
Men's 60-64	
Gold	Jim Hackett
Men's 65-69	
Gold	Dan Holleman
Men's 70-74	
Gold	Dave Watson

Doubles Results

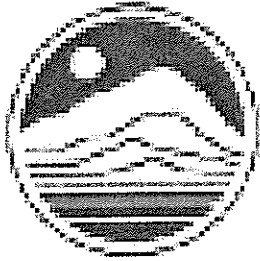
Women's 50-54	
Gold	Sue Murray Gayle Hazen
Women's 55-59	
Gold	Maryann Hoffman Donna Holleman
Women's 60-64	
Gold	Penny Wakefield Susie Hackett
Men's 50-54	
Gold	Joe Sullivan Jim Hackett
Silver	Frank Eagle John Olson
Bronze	Bernardo Hernandez Steve Smith
Men's 60-64	
Gold	Ken Alt Dan Holleman
Silver	Dan Ramras Jerry Bowers

Mixed Doubles

50-54	
Gold	Joe Sullivan Kathy Thomas
Silver	Gayle Hazen Lee Hazen
55-59	
Gold	Jerry Lipka Carol Lewis
60-64	
Gold	Ken Alt Penny Wakefield
Silver	Jim Hackett Susie Hackett
65-69	
Gold	Dave Watson Margaret Van Flein

Fairbanks Tennis Association

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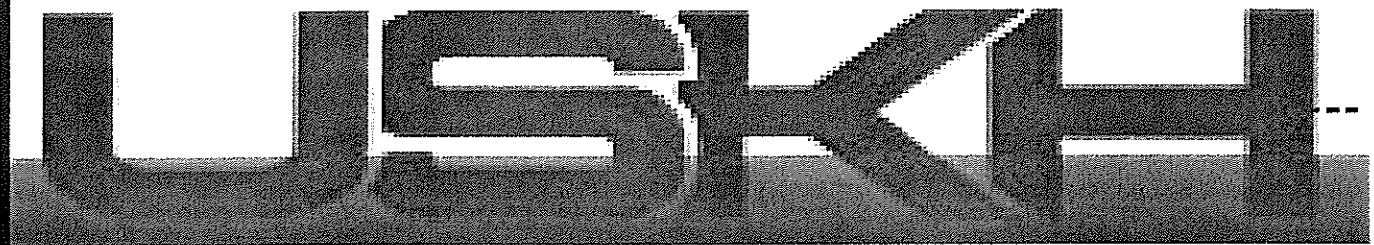
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Track & Field

Commissioner: Jim Loftus

Site: West Valley High School

Discus Results

Women's 50-54			Men's 60-64		
Gold	Diann Darnall	70'3.75"	Gold	Willy Cork	72'6.5"
Women's 60-64			Silver	Cliff Lando	68'2"
Gold	Ritchie Musick	42'3.75"	Men's 65-69		
Women's 65-69			Gold	Paul Beckman	122'4"
Gold	Peggy Bickenbuel	47'7.5"	Men's 70-74		
Silver	Barbara Rondine	41'11.5"	Gold	Leonard Dickey	55'1.25"
Men's 55-59					
Gold	Kevin Jenkins	93'3.75"			
Silver	Charles Lemke	87'10"			
Bronze	Dennis Quinn	60'10.25"			

Javelin Results

Women's 50-54			Men's 55-59		
Gold	Diann Darnall	24'6.5"	Gold	Charles Lemke	82'10"
Silver	Francine Cork	14'11.75"	Silver	Dennis Quinn	60'9"
Women's 60-64			Bronze	Dan Wells	50'8.5"
Gold	Ritchie Musick	17'1.25"	Men's 60-64		
Women's 65-69			Gold	Willy Cork	63'3"
Gold	Peggy Bickenbuel	19'5.125"	Silver	Cliff Lando	52'7"
Silver	Barbara Rondine	18'1.75"	Men's 65-69		
Women's 70-74			Gold	Paul Beckman	96'10"
Gold	Ellen Brown	20'10.5"	Men's 85-89		
Men's 50-54			Gold	Tim Sanders	33'6"
Gold	Clyde Lorenz	88'11"			
Silver	Achim Brauser	64'1"			

Shot Put Results

Women's 50-54			Men's 50-54		
Gold	Diann Darnall	24'6.5"	Gold	Clyde Lorenz	22'9.625"
Silver	Francine Cork	14'11.75"	Men's 55-59		
Women's 60-64			Gold	Charles Lemke	27'3.5"
Gold	Ritchie Musick	17'1.25"	Silver	Dennis Quinn	24'0.25"
Women's 65-69			Men's 60-64		
Gold	Peggy Bickenbuel	19'5.125"	Gold	Willy Cork	27'9"
Silver	Barbara Rondine	18'1.75"	Silver	Cliff Lando	26'9.25"
Women's 70-74			Men's 65-69		
Gold	Ruth Knapman	14'0.375"	Gold	Paul Beckman	35'1.125"
Silver	Ellen Brown	10'1"			

50 M Results

Women's 65-69			Men's 55-59		
Gold	Barbara Rondine	10.0	Gold	Jim Holt	7.4
Silver	Margaret Van Flein	10.7	Silver	Gary Shields	8.7
Women's 70-74			Men's 60-64		
Gold	Ruth Knapman	14.1	Gold	Willy Cork	9.2
Men's 50-54			Men's 65-69		
Gold	Steve Smith	7.7	Gold	BJ Hall	8.0
Silver	David McDowell	8.3	Men's 75-79		
Bronze	Dennis Bogren	9.0	Gold	Jack Townshend	10.1

100 M Results

Women's 55-59			Men's 55-59		
Gold	Charlotte Berdahl	22	Gold	Jim Holt	14
Women's 65-69			Silver	Gary Shields	16.8
Gold	Barbara Rondine	20.9	Men's 60-64		
Silver	Peggy Bickenbuel	22	Gold	Willy Cork	17.8
Men's 50-54			Men's 65-69		
Gold	Steve Smith	14.5	Gold	BJ Hall	15.7
Silver	David McDowell	15.6	Silver	Jim Madonna	16.0
Bronze	Dennis Bogren	17.3	Men's 70-74		
			Gold	Leonard Dickey	19.0

200 M Results

Women's 50-54			Men's 55-59		
Gold	Ginny McDowell	44.2	Gold	Tim Doran	35.8
Women's 55-49			Silver	Gary Shields	36.3
Gold	Charlotte Berdahl	49.8	Men's 60-64		
Women's 65-69			Gold	Willy Cork	17.8
Gold	Barbara Rondine	47.2	Men's 65-69		
Silver	Peggy Bickenbuel	63.2	Gold	Jim Madonna	34.1
Men's 50-54			Men's 70-74		
Gold	Steve Smith	33.4	Gold	Dave Devoe	39.1
Silver	Clyde Lorenz	42.4	Men's 75-79		
			Gold	Jack Townshend	47.1

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Track & Field

continued

Long Jump Results

Women's 65-69			Men's 60-64		
Gold	Barbara Rondine	8'9.25"	Gold	Willy Cork	9'8"
Silver	Peggy Bickenbuel	4'8.25"	Men's 65-69		
Women's 70-74			Gold	Paul Beckman	12'3.25"
Gold	Ruth Knapman	4'7.25"	Silver	Jim Madonna	11'6.75"
Men's 50-54			Men's 75-79		
Gold	Dennis Bogren	10'3"	Gold	Jack Townshend	8'1.75"
Men's 55-59					
Gold	Gary Shields	10'3.25"			

Triple Jump Results

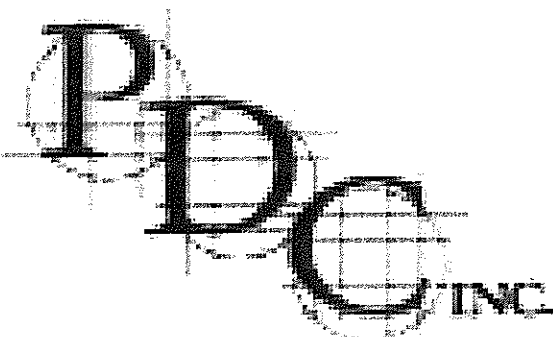
Women's 65-69		
Gold	Peggy Bickenbuel	10'9"
Men's 65-69		
Gold	Dennis Bogren	21'7"

High Jump

Men's 85-89		
Gold	Tim Sanders	2'4"

James J. Loftus, PE

Principal



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Standing Long Jump

Women's 50-54 Gold	Francine Cork	5'0"	Men's 60-64 Gold	Willy Cork	5'11"
Women's 65-69 Gold	Barbara Rondine	5'9.5"	Men's 65-69 Gold	Paul Beckman	7'0.5"
Silver	Peggy Bickenbuel	3'3.5"	Silver	Jim Madonna	5'4.25"
Women's 70-74 Gold	Ruth Knapman	3'1.75"			
Silver	Ellen Brown	5'4.5"			

400 M Results

Women's 65-69 Gold	Barbara Rondine	1:45.7	Men's 55-59 Gold	Tim Doran	1:28.9
Silver	Peggy Bickenbuel	2:45.8	Men's 60-64 Gold	Willy Cork	1:34.1
Women's 70-74 Gold	Ruth Knapman	2:15.3	Men's 65-69 Gold	Jim Madonna	2:52.2
Men's 50-54 Gold	Rich Boone	1:06.5			
Silver	David McDowell	1:14.5			
Bronze	Dennis Bogren	1:20.7			

800 M Results

Women's 50-54 Gold	Ginny McDowell	3:42.5	Silver	Jerry Lipka	3:25.6
Women's 55-49 Gold	Charlotte Berdahl	4:24.4	Bronze	Tim Doran	3:32.6
Women's 65-69 Gold	Carol Devoe	5:36.1	Men's 65-69 Gold	Jim Madonna	2:52.2
Men's 50-54 Gold	Rich Boone	2:40.8	Men's 70-74 Gold	Dave Devoe	3:33.6
Men's 55-59 Gold	John Walsh	3:03.4	Men's 75-79 Gold	Jack Townshend	
			4:05.3		

1500 M Results

Women's 50-54 Gold	Ginny McDowell	7:24.4	Men's 55-59 Gold	John Walsh	5:46.0
Silver	Susan McMahon	9:28.8	Silver	Tim Doran	7:01.4
Women's 55-59 Gold	Susan Amundsen	6:58.8	Bronze	Jerry Lipka	7:12.2
Men's 50-54 Gold	Rich Boone	5:28	Men's 65-69 Gold	Jim Madonna	6:00.7
Silver	Bernardo Hernandez	6:14.9	Silver	Jim Cavanaugh	7:57.1
Bronze	David McDowell	7:37.4	Bronze	BJ Hall	9:44.2
			Men's 75-79 Gold	Jack Townsend	7:54.1

3000 M Results

Women's 50-54

Gold Gail Koeph 13:42.8

Women's 55-59

Gold Susan Amundsen 14:27.3

Men's 50-54

Gold Rich Reifenstuhl 11:35.0

Silver Dan Callahan 11:43.5

Bronze Rich Boone 12:07.0

Men's 55-59

Gold John Walsh 12:31.1

Silver Tim Doran 15:39.1

Men's 65-69

Gold Jim Madonna 13:00.0

3xMedley Relay

Gold

Team: Last Chance 2:49.2
 Barbara Rondine
 Cathy Morgan
 Jim Loftus

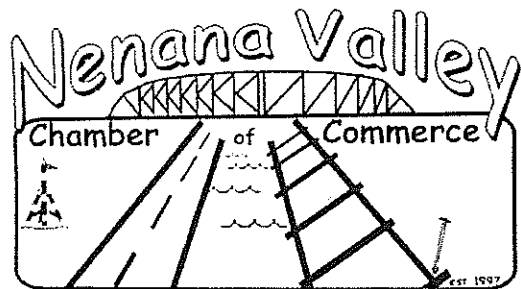
Bronze

Team: Wild, Wild and Willy 3:29
 Clyde Lorenz
 Francine Cork
 Willy Cork

Silver

Team: The 3D's 3:09.1
 Dave Devoe
 Carol Devoe
 Tim Doran

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 The Local Pages

Trap Shooting

Commissioner: Greg Yocum

Site: Fairbanks Curling Club

Results

Women's 55-59

Gold Karen Lidster 46/50

Men's 50-54

Gold Greg Yocum 45/50

Men's 55-59

Gold Gary Miller 42/50

Men's 60-64

Gold Terry Marquette 46/50

Silver Jerry Parsons 43/50

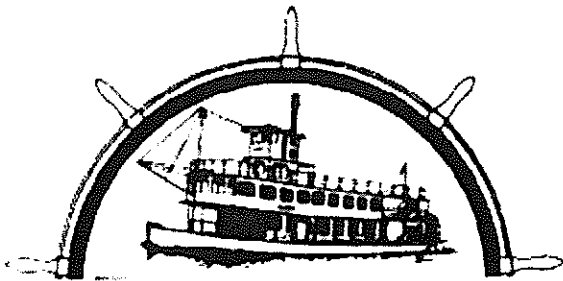
Men's 70-74

Gold Joe Nave 43/50

Men's 75-79

Gold James Beaman 46/50

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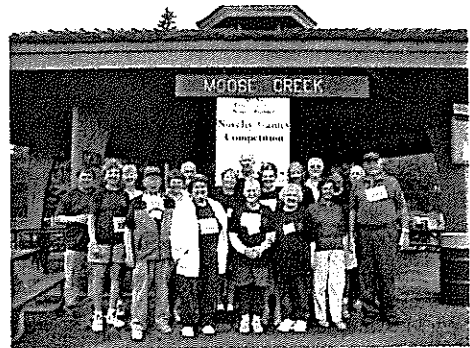
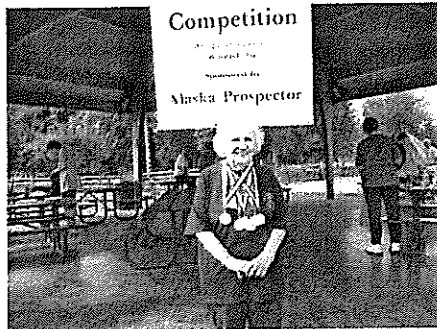
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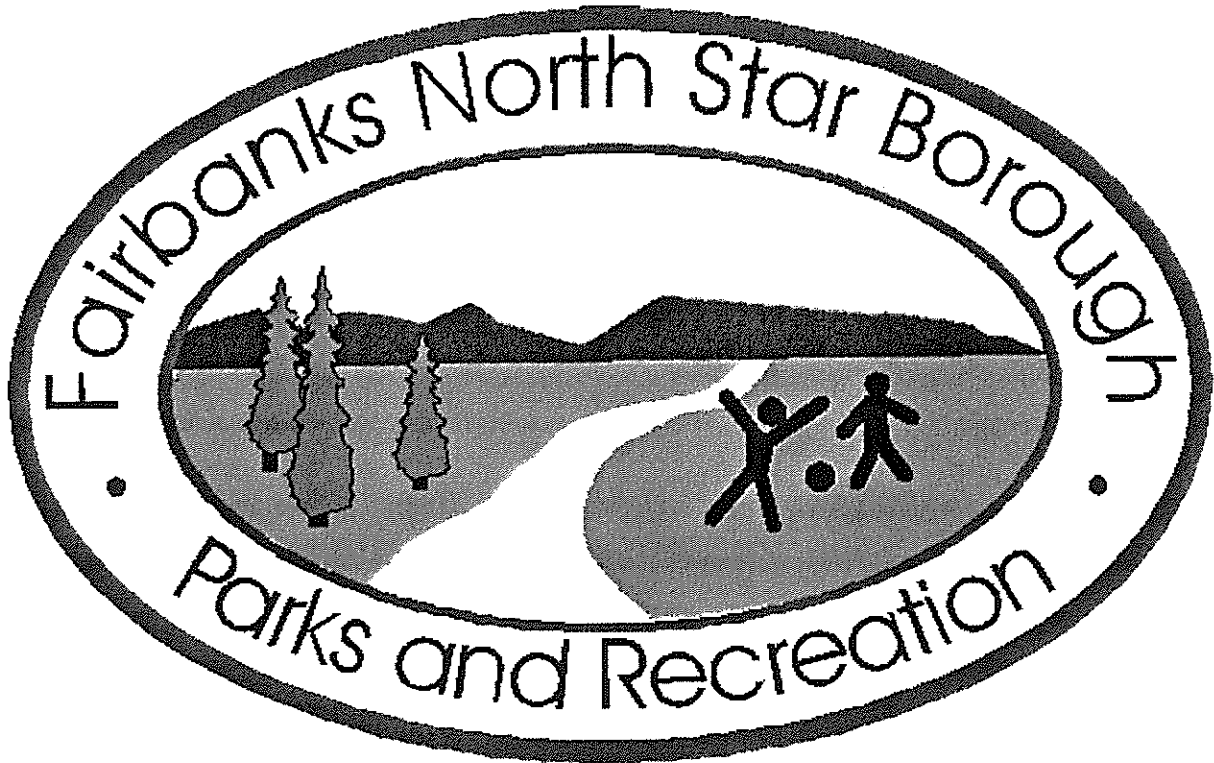
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Closing Ceremony

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The History of the NSGA

In 1985 in St. Louis, MO, a group of seven men and women formed the original leadership for what was initially known as the National Senior Olympics Organization (NSOO). In the fall of 1985 they hosted a meeting of individuals who were currently conducting games for seniors in their 33 states. That group planned the first National Senior Olympic Games, held in 1987 in St. Louis. The games were a great success with 2,500 competitors. The NSOO was formalized during the games with a Board of Directors elected, articles of incorporation filed in the State of Missouri and By-Laws adopted. Over 100,000 spectators viewed the first Games' ceremonies featuring Bob Hope at the St. Louis Riverfront Arch. The second national Games also took place in St. Louis in 1989, hosting 3,500 seniors and was covered by the New York Times, ESPN and Good Morning America. In 1989 an agreement was reached with the United States Olympic Committee based on their objection to the use of the term Olympic in the organization's corporate name and the name was changed to the U.S. National Senior Sports Organization. Today, the organization does business as the National Senior Games Association. The organization continued to name its signature event the National Senior Games – The Senior Olympics and, through a grandfather clause, States that were using the name Senior Olympics at the time of the USOC agreement were allowed to continue that privilege. The National Senior Games Association moved its corporate office to Baton Rouge, Louisiana in 1998 where it exists today as a not-for-profit organization dedicated to motivating active adults to lead a healthy lifestyle through the senior games movement. It's signature event, the Summer Games, has grown to one of the largest multi-sport events in the world. as shown in the chart below.

Year	Location	Number of Athletes
1987	St. Louis, MO	2,500
1989	St. Louis, MO	3,400
1991	Syracuse, NY	5,000
1993	Baton Rouge, LA	7,200
1995	San Antonio, TX	8,200
1997	Tucson, AZ	10,300
1999	Orlando, FL	12,000
2001	Baton Rouge, LA	8,700
2003	Hampton Roads, VA	10,700
2005	Pittsburgh, PA	12,000*
2007	Louisville, KY	12,000*
*anticipated		

NGSA History

continued

The Winter National Senior Games - The Senior Olympics provides an opportunity for a new and different population of senior athletes to compete in a national sports event. The Games also provide state senior games athletes an opportunity to compete in both summer and winter sports on a national level.

The first-ever Winter National Senior Games were held February 28 through March 3, 2000, in Lake Placid, N.Y. 239 athletes from 22 states competed in 5 winter sports. The tragedy of September 11 forced the cancellation of the 2002 Winter Games, and the NSGA has been working hard to re-establish the event. Date and location for the next event are still under negotiation, but we hope to release the information for the next Winter Games during calendar year 2004.

Senior Olympic Hockey Championships The first-ever Senior Olympic Hockey Championships were held at Lake Placid, N.Y. in January, 2002. Twenty-three teams from nine states participated in the event held at the Lake Placid Olympic Center, site of the 1980 Winter Olympic Games and the United States' "Miracle on Ice."

The 2003 Senior Olympic Hockey Championships were held January 17-21, 2003 at the Amherst Pepsi Center in Buffalo, New York. The 2004 Senior Olympic Hockey Championships will be held in Minneapolis, MN, October 1-4, 2004. Information packets should be available in March, 2004.

Thank you for being there and we'll see you next year!!



August 12-21 2005



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2004 Alaska International Senior Games

Thank you to our community for your support and to the Seniors who participated and made our Senior Games a great success!

