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National
Senior Games
Association

2005
ALASKA
INTERNATIONAL
SENIOR GAMES



Results Book

August 12-21, 2005

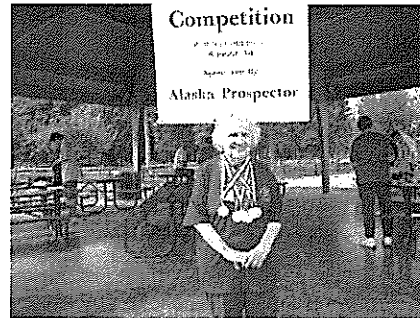
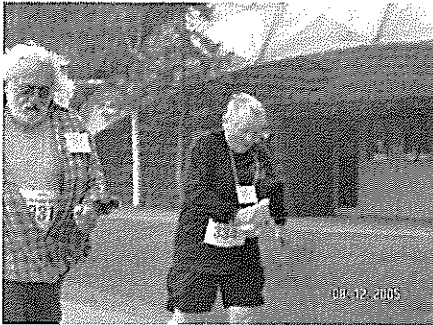
PO Box 73225, Fairbanks, Alaska 99707
907-374-4670

Email: aksenior_olympics@yahoo.com
www.alaskaisg.org

Third Annual Alaska International Senior Games

The Board of Directors would like to thank all the athletes from all over Alaska and other states. We hope that the third annual Alaska International Senior Games was a fun experience for you as well as for the many, many volunteers to who shared their time and experience with us. All of your efforts as athletes and volunteers were invaluable to the games and an inspiration to continue leading a fun healthful lifestyle. We hope this was a fun time for all and we hope to see you again in 2006!

Best wishes,
AISG Board



AISG Mission Statement

The purpose of the Alaska International Senior Games is twofold:

1. to promote the health and fitness of adults 50 years and older through;
 - (a) encouraging seniors to undertake and continue participation in a healthful and fitness-oriented lifestyle
 - (b) provide activities for older adults to compete with their peers and receive recognition for the efforts and achievements in a atmosphere of friendship and support
2. increase the bonds within the community by;
 - (a) focusing public attention on the importance of regular physical activity/exercise as a way to achieve and preserve better health, especially among older adults
 - (b) promote a positive image of older adults including opportunities for positive role-modeling
 - (c) Government, businesses and residents joining together in promoting and presenting senior games in Fairbanks, Alaska

Profile

Alaska International Senior Games, Inc. is a domestic nonprofit corporation headquarter at 59 College Road, Suite 12, Fairbanks, Alaska 99701. It telephone number is (907) 374-4670 . Mailing address is P.O. Box 73225 Fairbanks, Alaska 99707. Funding is derived from corporate , business and private sponsors.

Many Thanks to our sponsors who help make the Alaska International Senior Games Possible!

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Fairbanks Memorial Hospital
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Interior Women's Health Clinic
Alyeska Pipeline Co
The Alaska Club Fairbanks
Willy and Francie Cork
North Pole Moose Lodge 306
Diann Darnall Possibilities!

THANK YOU!!!!!!!!!!!!

We are truly sorry if we have omitted any of our wonderful sponsors or athletes. Your participation and support of the Alaska International Senior Games is very much appreciated.

**Alaska
International Senior Games
August 11-20, 2006
is a qualifying site for the
2007
National Senior Games!!!**



**National
Senior Games
Association**

Leisure Games



Commissioner:
Peggy Birkenbuel

Site:
Fairbanks Senior Center

Bridge Results

Women's 65-69
Gold Peggy Birkenbuel

Women's 80-84
Gold Betty Carlson

Men's 65-69
Gold Ken West

Checkers Results:

Women's 65-69
Gold Peggy Birkenbuel

Women's 70-74
Gold Joanne Fletcher/Tula Belton

Men's 60-64
Gold Lloyd Hilling

Men's 65-69
Gold Dan Holleman

Cribbage Results:

Women's 55-59
Gold Linda Wells

Women's 65-69
Gold Jeanne Rydberg

Men's 85-89
Gold Tim Sanders

Dominoes Results:

Women's 55-59
Gold Francie Cork

Women's 65-69
Gold Peggy Birkenbuel

Men's 85-89
Gold Tim Sanders

Darts Results:

Women's 60-64
Gold Charlotte Berdahl

Women's 65-69
Gold Peggy Birkenbuel

Women's 70-74
Gold Tula Belton

Women's 80-84
Gold Betty Carlson

Men's 60-64
Gold Dan Wells

Men's 65-69
Gold Ken West

Pinochle Results:

Women's 55-59
Gold Linda Wells

Women's 65-69
Gold Joanne Fletcher

Women's 80-84
Gold Linda Droz

Women's 85-89
Gold Delores Linzner

Men's 55-59
Gold Fred Bongiovanni

Men's 60-64
Gold Dan Wells

Men's 85-89
Gold Tim Sanders

Scrabble Results:

Women's 50-54
Gold Pat Moss

Women's 60-64
Gold Dena Richter

Women's 65-69
Gold Jeanne Rydberg
Silver Peggy Birkenbuel
Barbara Hill

Alaska International Senior Games

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George and Renae Browning

Novelty Games



100 Yard Walk Results:

Women's 55-59		
Gold	Linda Wells	49 sec
Women's 65-69		
Gold	Peggy Birkenbuel	36 sec
Women's 70-74		
Gold	Ruth Knapman	38 sec
Silver	Leah Madonna	1:05 min
Men's 60-64		
Gold	Dan Wells	1:17 min
Men's 65-69		
Gold	Willy Cork	35 sec
Men's 85-89		
Gold	Tim Sanders	1:17 min

Mini-Golf Results:

Women's 50-54		
Gold	Diann Darnall	45
Women's 55-59		
Gold	Linda Wells	42
Silver	Becky Duhr	43
Women's 60-64		
Gold	Charlotte Berdahl	48
Silver	Ritchie Musick	54
Women's 65-69		
Gold	Norene Stafford	48
Silver	Peggy Birkenbuel	50
Women's 70-74		
Gold	Ruth Knapmann	58
Silver	Leah Madonna	64
Women's 80-84		
Gold	Marie Burnett	57
Men's 55-59		
Gold	John Berdahl	46
Men's 60-64		
Gold	Dan Wells	45
Men's 65-69		
Gold	Willy Cork	54

Commissioners:

Jim and Arlene Cavanaugh

Site: Pioneer Park,
Moose Creek Pavilion

Basketball Toss Results:

Women's 50-54		
Gold	Barb Moore	4
Women's 55-59		
Gold	Linda Wells	4
Women's 60-64		
Gold	Jean Erickson	4
Silver	Charlotte Berdahl	2
Bronze	Ritchie Musick	1
Women's 65-69		
Gold	Peggy Birkenbuel	1
Women's 70-74		
Gold	Ruth Knapmann	3
Women's 80-84		
Gold	Marie Burnett	0
Men's 55-59		
Gold	Bob Kranz	4
Silver	John Berdahl	2
Men's 60-64		
Gold	Dan Wells	3
Men's 85-89		
Gold	Tim Sanders	2

Beanbag Toss Results:

Women's 55-59		
Gold	Becky Duhr	9
Silver	Linda Wells	5
Women's 60-64		
Gold	Jean Erickson	4
Silver	Ritchie Musick	1
Women's 65-69		
Gold	Peggy Birkenbuel	3
Women's 70-74		
Gold	Ruth Knapmann	20
Silver	Leah Madonna	0
Women's 80-84		
Gold	Marie Burnett	4
Men's 55-59		
Gold	Bob Kranz	12
Men's 60-64		
Gold	Dan Wells	3
Men's 65-69		
Gold	Willy Cork	13
Men's 85-89		
Gold	Tim Sanders	2

Nail Driving Results:

Women's 50-54	Gold	Barb Moore	15 sec
Women's 55-59	Gold	Linda Wells	12 sec
	Silver	Becky Duhr	13 sec
Women's 60-64	Gold	Ritchie Musick	1 sec
	Silver	Jean Erickson	19 sec
Women's 65-69	Gold	Peggy Birkenbuel	13.5 sec
Women's 70-74	Gold	Ruth Knapmann	20 sec
	Silver	Leah Madonna	41 sec
Women's 80-84	Gold	Marie Burnett	33 sec
Men's 60-64	Gold	Dan Wells	8 sec
Men's 65-59	Gold	Willy Cork	12 sec
Men's 85-89	Gold	Tim Sanders	15 sec

Softball Throw Results:

Women's 50-54	Gold	Pat Moss	63'
	Silver	Barb Moore	52'
Women's 55-59	Gold	Dianne Luke	111'
	Silver	Linda Wells	47'
Women's 60-64	Gold	Ritchie Musick	57'
Women's 65-69	Gold	Peggy Birkenbuel	67'
Women's 80-84	Gold	Marie Burnett	32'
Men's 60-64	Gold	Dan Wells	107'
Men's 65-59	Gold	Willy Cork	115'
Men's 85-89	Gold	Tim Sanders	51'

Frisbee Throw Results:

Women's 55-59	Gold	Linda Wells	61'
Women's 60-64	Gold	Ritchie Musick	73'
	Silver	Jean Erickson	45ft9"
Women's 65-69	Gold	Peggy Birkenbuel	48ft9"
Women's 70-74	Gold	Ruth Knapmann	45'
Women's 80-84	Gold	Marie Burnett	36ft3"
Men's 55-59	Gold	Bob Kranz	69ft4"
Men's 60-64	Gold	Dan Wells	82ft4"
Men's 65-59	Gold	Willy Cork	48ft9"
Men's 85-89	Gold	Tim Sanders	42ft



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Archery

Commissioner:
Del DeMeritt

Site: Fairbanks Curling Club

Recurve Barebow Results:

Men's 50-54
Gold

Bill Payton
Day one 431
Day two 373
Total 804

Men's 55-59
Gold

Fredrick Wilson
Day one 254
Day two 315
Total 569

Recurve Sights Results:

Men's 50-54
Gold

Roger Weggel
Day one 597
Day two 595
Total 1192

Men's 55-59
Gold

Joe Mattie
Day one 781
Day two 769
Total 1550

Men's 60-64
Gold

Dennis Knutson
Day one 531
Day two 497
Total 1028

Men's 65-69
Gold

Delbert DeMerritt
Day one 453
Day two 526
Total 979

Compound Release Results:

Men's 55-59
Gold

Lamar Wood
Day one 761
Day two 755
Total 1556



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Bowling

Commissioner:
Charlotte Perotti

Site:
Arctic Bowl



Singles Results:

Women's 55-59

Gold Karen Lidster 469

Women's 60-64

Gold Karen Sours 477

Silver Charlotte Perotti 470

Bronze Rowena Arnold 441

Women's 65-69

Gold Liese Parent 329

Silver Janice Krigsvold 439

Bronze Arlene Cavanaugh 383

Women's 70-74

Gold Janine Kendall 464

Women's 75-79

Gold Mary Ann Eberhardt 374

Silver Sister Pat Mayer 322

Women's 80-84

Gold Evelyn Branson 346

Silver Olinda Droz 345

Women's 90-94

Gold Bettie Upright 403

Men's 55-59

Gold Walter Warner 515

Silver Rick Winther 505

Bronze John Berdahl 501

Men's 60-64

Gold Jim Holm 536

Silver Bruce Perotti 389

Men's 65-59

Gold Ron Garris Sr. 487

Silver Fred Stafford 438

Doubles Results:

Women's 55-59

Gold Lynn Immel 912

Evelyn Branson

Silver Lynn Immel 898

Sister Pat Mayer

Women's 60-64

Gold Karen Sours 875

Charlotte Perotti

Silver Rowena Arnold 807

Janice Krigsvold

Doubles Results continued:

Women's 65-69

Gold Mary Ann Eberhardt 835

Liese Parent

Silver Jannine Kendall 829

Liese Parent

Women's 80-84

Gold Bettie Upright 673

Olinda Droz

Men's 50-54

Gold Tom Marsh 968

Bruce Perotti

Men's 55-59

Gold Don Cook 1084

Johnny Jones

Silver Kris Laughlin 1012

Ron Garris Sr.

Bronze Jim Holm 900

John Berdahl

Men's 65-59

Gold Jim Zumwalt 937

Frank Herrera

Mixed Doubles Results:

50-54

Gold Rowena Arnold 937

Joseph Penton

55-59

Gold Karen Sours 1069

Kris Laughlin

Silver Lynn Immel 1031

Jim Holm

Bronze Janice Krigsvold 848

Johnny Jones

60-64

Gold Charlotte Perotti 925

Bruce Perotti

65-69

Gold Sister Pat Mayer 923

Ron Garris Sr.

Silver Arlene Cavanaugh 806

Jim Zumwalt

75-79

Gold Mary Ann Eberhardt 735

Walter Eberhardt

Cycling

Commissioner:
Simon Rakower

Site: Gravel Pit, 1.5 mi
Murphy Dome Road

5K Results:

Women's 55-59			
Gold	Jennifer Jolis	12:39	
Women's 60-64			
Gold	Charlotte Berdahl	11:43	
Women's 70-74			
Gold	Carol DeVoe	13:46	
Men's 55-59			
Gold	John Berdahl	12:14	
Men's 70-74			
Gold	Dave DeVoe		

10K Results:

Women's 50-54			
Gold	Gail Koepf	18:46	
Women's 55-59			
Gold	Deborah Hansen	23:25	
Women's 70-74			
Gold	Carol DeVoe	26:14	
Men's 50-54			
Gold	Terry Miller	18:22	
Men's 65-69			
Gold	Jerry Braniff	22:01	
Men's 70-74			
Gold	Dave DeVoe	23:43	



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opportunity to sponsor the
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Alaska International Senior Games
Proud Sponsor

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Golf

Commissioner:
Dick Morris/Pat DeRuyter

Site: North Star Golf Club,
Chena Bend Golf Club,
Fairbanks Golf and Country Club

Results:

Women's 50-54

Gold Pat DeRuyter Total score 285

Women's 55-59

Gold Becky Duhr Total score 427

Women's 60-64

Gold Clarice Dukeminier Total 316

Women's 65-69

Gold Judy Saupe Total score 345
Silver Marge Howard Total score 392

Men's 50-54

Gold

Stephen McNutt Total 325

Men's 55-59

Gold

Clark Courtney Total score 267

Silver

Dick Morris Total score 268

Men's 60-64

Gold

Jon Tucker Total score 275

Silver

Gary Copus Total score 287

Men's 65-69

Gold

Bernie Saupe Total score 285

Silver

Bob Howard Total score 271

Men's 70-74

Gold

Kelly Everette Total score 262

Silver

Marvin Anderson Total 289

Men's 75-79

Gold

James Matthews Total 388



Alaska International Senior Games
Proud Sponsors
Mini Golf Fairbanks
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New Northwest Broadcasters
Raven Screens

Horseshoes

Commissioner:
Walter Cray

Site: North Pole Moose Lodge #306
Family Center

Results:

Women's 50-74

Gold	Barb Moore
Silver	Francie Cork
Bronze	Linda Wells

Women's 75+

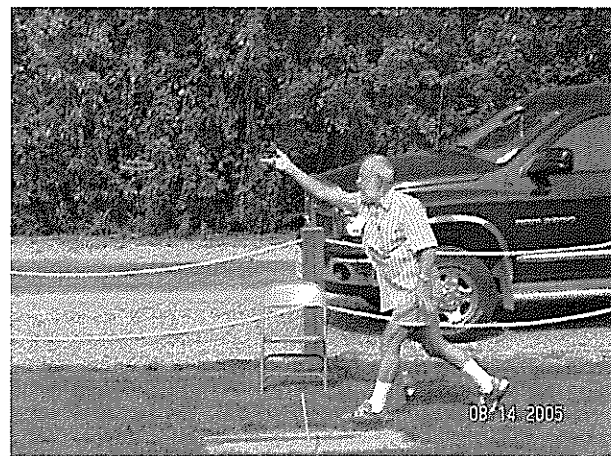
Gold	Marie Burnett
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Men's 50-69

Gold	Jim Cavanaugh
Silver	Dan Wells
Bronze	A.C. Woolnough

Men's 70+

Gold	Glen Shaver
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Art Russell, customer & active senior citizen

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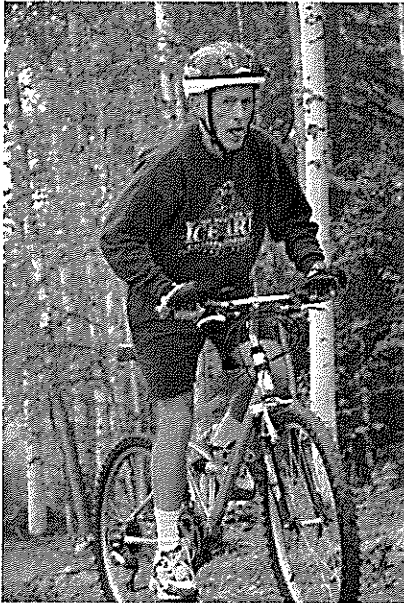
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Mountain Biking



Commissioner:
Gail Koepf

Site: Birch
Hill Recreation Area

Results:

Women's 50-54
Gold Gail Koepf
26:06

Men's 50-54
Gold

Silver

Rocky Reifentuhl 19:33
Gary Lutz 32:26

Men's 65-69
Gold

Jim Cavanaugh



Banner Health

Denali Center

Fairbanks Memorial Hospital

The Alaska Club
Fairbanks

Alaska International Senior Games

Proud Sponsor

Fairbanks Central Labor

Race Walk

Commissioner:

Janna Miller 907-479-5585

Site: North Pole High School

1500 Meter Racewalk Results:

Women's 50-54

Gold Gail Koepf 11:09

Women's 55-59

Gold Francie Cork

Women's 65-69

Gold Peggy Birkenbuel 14:06

Men's 55-59

Gold Gary Shields 12:18

Men's 65-69

Gold Bob Anderl

Men's 75-79

Gold Jack Townshend 12:18



The City of Fairbanks

Appreciates the
opportunity
to sponsor the
Alaska
International
Senior Games!

Road Race

Commissioner:
Jim Cavanaugh

Site: North Pole Middle School

5K Race Results:

Women's 50-54

Gold	Gail Koepf	25:54
Silver	Ginny McDowell	27:52

Women's 55-59

Gold	Deborah Hansen	30:07
Silver	Francie Cork	30:46

Women's 60-64

Gold	Charlotte Berdahl	32:11
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Women's 65-69

Gold	Peggy Birkenbuel	44:38
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Men's 50-54

Gold	Rocky Reifental	18:44
Silver	Greg Finstad	
Bronze	Stephen McNutt	22:46
Fourth	Bob Wheeler	25:00
Fifth	AC Woolnough	35:49

Men's 55-59

Gold	Gary Shields	24:41
Silver	Ed Callaghan	28:25

Men's 65-69

Gold	Jim Madonna	23:34
Silver	Jim Cavanaugh	28:31
Bronze	Gerald Braniff	29:67
Fourth	Willy Cork	30:56

Men's 75-79

Gold	Jack Townshend	30:37
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Men's 80-84

Gold	Glen Hackney	31:01
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*Alaska International
Senior Games
Proud Sponsor*

**Interior Women's
Health**

**1919 Lathrop St.,
Fairbanks
479-7701**

Swimming

Commissioner:

Alexander McFarlane

Site: Hamme Pool

100 Individual Medley Results:

Women's 50-54

Gold Ginny McDowell 1:39.0

Women's 70-74

Gold Margaret VanFlein 2:09.97

Men's 60-64

Gold Ken Hickey 1:36.94

200 Freestyle Results:

Women's 60-64

Gold Helen Norton 4:59.50

Women's 65-69

Gold Peggy Birkenbuel 6:13.65

Men's 55-59

Gold Dennis Quinn 2:44.74

Silver Bob Kranz 4:37.31

Bronze Edward Callaghan 4:45.59

Men's 60-64

Gold Lloyd Hilling 4:35.87

100 Breaststroke Results:

Women's 50-54

Gold Ginny McDowell 1:51.09

Women's 60-64

Gold Margaret Billington 2:01.65

Women's 70-74

Gold Margaret VanFlein 1:59.75

Men's 60-64

Gold Ken Hickey 1:52.60

100 Backstroke Results:

Women's 60-64

Gold Charlotte Berdahl 2:26.94

Women's 65-69

Gold Nora Braniff 2:18.28

Silver Peggy Birkenbuel 3:33.63

Men's 55-59

Gold Bob Kranz 2:23.53

Men's 60-64

Gold Ken Hickey 1:25.22

100 Butterfly Results:

Men's 60-64

Gold Ken Hickey 1:57.84

50 Butterfly Results:

Women's 60-64

Gold Helen Norton 1:20.91



50 Freestyle Results:

Women's 50-54

Gold Bev Wheeler 49.71

Women's 55-59

Gold Dona Kime 48.06

Women's 60-64

Gold Margaret Billington 45.78

Women's 65-69

Gold Peggy Birkenbuel 1:14.44

Women's 70-74

Gold Margaret VanFlein 48.90

Men's 50-54

Gold Bob Wheeler 45.44

Men's 55-59

Gold Dennis Quinn 29.35

Silver George Rodriguez 39.43

Bronze Edward Callaghan 47.59

Men's 60-64

Gold Lloyd Hickey 39.06

50 Backstroke Results:

Women's 50-54

Gold Ginny McDowell 49.72

Silver Bev Wheeler 1:01.88

Women's 55-59

Gold Donna Kime 58.59

Women's 60-64

Gold Charlotte Berdahl 1:03.19

Women's 65-69

Gold Peggy Birkenbuel 1:31.25

Men's 55-59

Gold George Rodriguez 47.87

Silver Bob Kranz 1:05.81

Men's 60-64

Gold Ken Hickey 38.28

500 Freestyle Results:

Women's 60-64

Gold Margaret Billington 10:27.13

Women's 65-69

Gold Nora Braniff 10:30.28

Men's 50-54

Gold Terry Miller 7:37.31

Silver Bob Wheeler 11:52.31

Men's 55-59

Gold Dennis Quinn 7:29.66

Silver Edward Callaghan 13:08.81

50 Breaststroke Results:

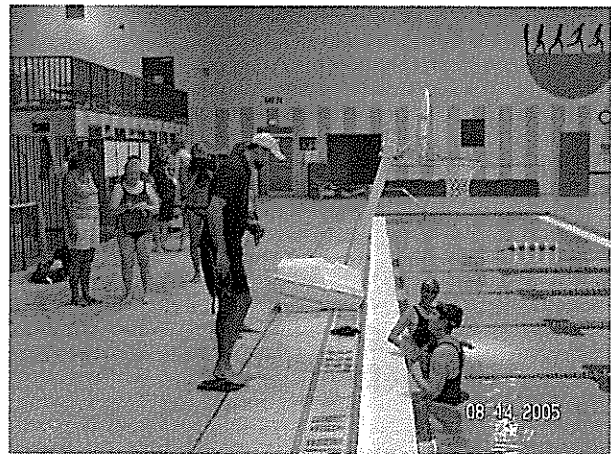
Women's 50-54			
Gold	Bev Wheeler	1:03.44	
Women's 55-59			
Gold	Dona Kime	1:09.72	
Women's 60-64			
Gold	Margaret Billington	57.97	
Women's 65-69			
Gold	Peggy Birkenbuel	1:33.38	
Women's 70-74			
Gold	Margaret VanFlein	54.18	
Women's 80-84			
Gold	Betty Carlson	3:36.15	
Men's 55-59			
Gold	Edward Callaghan	58.34	
Silver	George Rodriguez	1:00.60	

200 Freestyle Team Relay Results:

Gold	Edward Callaghan Helen Norton Margaret Billington Lloyd Hilling		
	Total time:	3:16.00	
Silver	Ken Hickey Donna Kime Peggy Birkenbuel Howard Hanson		
	Total time:	3:29.38	
	(4 x 50 yard freestyle)		

100 Freestyle Results:

Women's 50-54			
Gold	Ginny McDowell	1:31.41	
Silver	Bev Wheeler	2:21.87	
Women's 55-59			
Gold	Dona Kime	2:05.60	
Women's 65-69			
Gold	Peggy Birkenbuel	2:50.97	
Men's 50-54			
Gold	Bob Wheeler	1:57.35	
Men's 55-59			
Gold	Dennis Quinn	1:09.47	
Silver	Howard Hanson	1:32.38	
Men's 60-64			
Gold	Ken Hickey	1:17.78	



Alyeska Pipeline Co

**North Pole Moose Lodge
#306**

Alaska International Senior Games
Proud Sponsor
Diann Darnall
Possibilities!

Table Tennis



Commissioner:

Diann Darnall

Site: Hutchison High School

Singles Results:

Women's 50-54

Gold Diann Darnall
 Silver Andrea Gelvin
 Bronze Becky Schaffer

Women's 55-59

Gold Shirley Bennett

Women's 60-64

Gold Richie Musick

Women's 70-74

Gold Maggie Mitchell

Men's 50-54

Gold David McDowell

Men's 55-59

Gold Mark Wade
 Silver Andy Hutzel
 Bronze Bob Janes

Men's 60-64

Gold Lloyd Hilling

Men's 65-69

Gold Dan Holleman

Men's 75-79

Gold Boyd Bennett

Doubles Results:

Women's 50-54

Gold Richie Musick
 Diann Darnall
 Silver Andrea Gelvin
 Maggie Mitchell
 Bronze Becky Schaffer
 Shirley Bennett

Men's 55-59

Gold Andy Hutzel
 Bob Janes
 Silver Mark Wade
 Boyd Bennett
 Bronze Lloyd Hilling
 Dan Holleman

Mixed Doubles Results:

50-54

Gold Diann Darnall
 Dan Holleman
 Silver Becky Schaffer
 Bob Janes
 Bronze Andrea Gelvin
 Lloyd Hilling

55-59

Gold Shirley Bennett
 Boyd Bennett
 Silver Richie Musick
 Mark Wade
 Bronze Maggie Mitchell
 Andy Hutzel



Trap Shoot/5Stand

Commissioner:

Greg Yocum & Rhon Abbott

Site: Fairbanks Trap Club

5Stand Results:

60-64

Gold Bill Pfisterer 22
 Silver Jerry Parsons 21

70-74

Gold Wendy Beach 22

Trapshooting Results:

Women's 50-54

Gold Trish Rex 23

Women's 55-59

Gold Karen Lidster 24

Men's 50-54

Gold Greg Yocum 23

Men's 60-64

Gold Gerry Parsons 24

Silver Bill Pfisterer 23

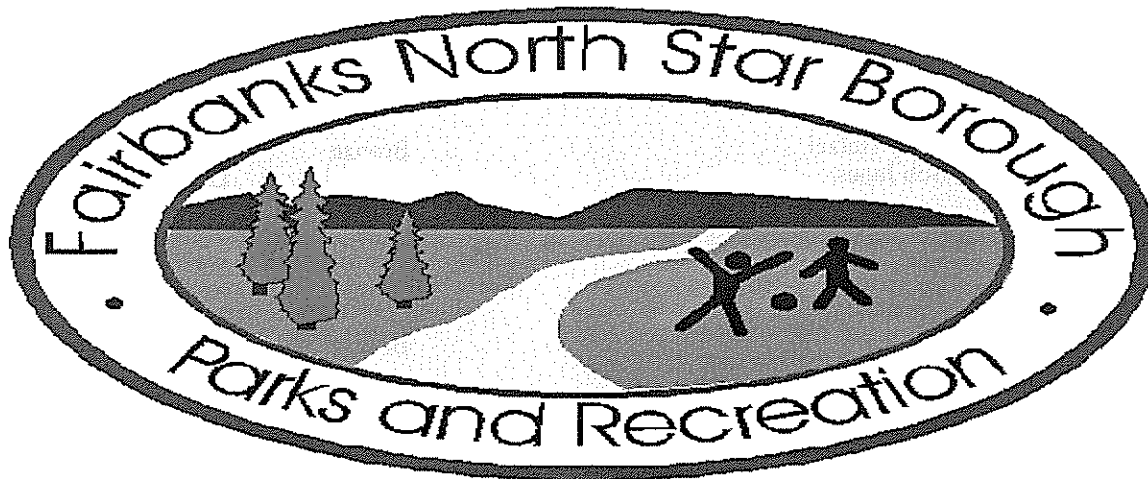
Men's 70-74

Gold Wendy Beach 24

Silver Joe Nava 23

Men's 75-79

Gold Jim Beamon



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 Alaska International Senior Games

Fairbanks North Star Borough Senior Recreation Programs

If you are interested in programs for
 Seniors, please call 459-1070.

Track and Field

Commissioner:

Jim Loftus

Site: North Pole High School50 Meter Results:**Women's 55-59**

Gold	Bobbie Ritchie	8.4
Silver	Francie Cork	10.58

Women's 60-64

Gold	Charlotte Berdahl	11.3
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Women's 65-69

Gold	Peggy Birkenbuel	13.1
------	------------------	------

Women's 70-74

Gold	Ruth Knapman	14.0
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Men's 50-54

Gold	David McDowell	7.9
Silver	A.C. Woolnough	8.0

Men's 55-59

Gold	George Rodriguez	8.0
Silver	Bob Kranz	9.5

Men's 65-69

Gold	Jim Madonna	8.7
Silver	Willy Cork	9.1

Men's 75-79

Gold	Jack Townshend	10.7
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100 Meter Results:**Women's 55-59**

Gold	Bobbie Ritchie	16.2
Silver	Francie Cork	22.9

Women's 60-64

Gold	Charlotte Berdahl	23.0
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Women's 65-69

Gold	Peggy Birkenbuel	26.5
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Men's 50-54

Gold	David McDowell	15.3
Silver	A.C. Woolnough	16.0
Bronze	Bob Wheeler	17.9

Men's 55-59

Gold	George Rodriguez	15.6
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Men's 65-69

Gold	Jim Madonna	16.5
Silver	Willy Cork	18.2

Men's 75-79

Gold	Jack Townshend	21.5
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800 Meter Results:**Women's 60-64**

Gold	Charlotte Berdahl	6:24.6
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Women's 65-69

Gold	Peggy Birkenbuel	6:33.6
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Women's 70-74

Gold	Carol DeVoe	5:54.4
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Men's 50-54

Gold	Bob Wheeler	3:27.4
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Men's 55-59

Gold	Jim Loftus	2:14.8
Silver	Bob Kranz	4:07.2

Men's 65-69

Gold	Jim Madonna	2:54.4
Silver	Bobby Widhalm	3:16.0

Men's 70-74

Gold	Dave DeVoe	4:53.1
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Men's 75-79

Gold	Jack Townshend	4:19.1
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200 Meter Results:**Women's 55-59**

Gold	Bobbie Ritchie	34.9
Silver	Francie Cork	47.7

Women's 60-64

Gold	Charlotte Berdahl	50.4
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Women's 65-69

Gold	Peggy Birkenbuel	70.2
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Women's 70-74

Gold	Carol DeVoe	63.0
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Men's 50-54

Gold	Steve McNutt	31.6
Silver	David McDowell	31.8
Bronze	A.C. Woolnough	34.8
Fourth	Bob Wheeler	39.3

Men's 55-59

Gold	George Rodriguez	33.7
Silver	Bob Kranz	42.0

Men's 65-69

Gold	Jim Madonna	34.4
Silver	Bobby Widhalm	38.7
Bronze	Willy Cork	41.5

Men's 75-79

Gold	Jack Townshend	51.8
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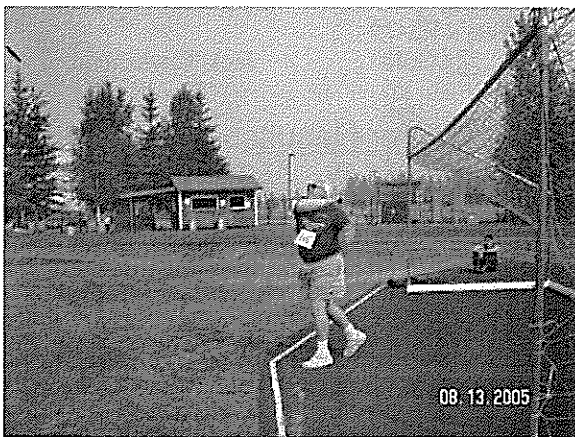


400 Meter Results:

Women's 50-54	Gold	Ginny McDowell	1:22.2
Women's 55-59	Gold	Sabra Harvey	1:16.7
	Silver	Francie Cork	1:59.2
Women's 65-69	Gold	Peggy Birkenbuel	2:59.9
Men's 50-54	Gold	David McDowell	1:12.2
Men's 55-59	Gold	Jim Loftus	1:01.8
	Silver	Bob Kranz	1:43.6
Men's 65-69	Gold	Jim Madonna	1:14.7
	Silver	Bobby Widhalm	1:26.0
	Bronze	Willy Cork	1:35.6

1500 Meter Results:

Women's 65-69	Gold	Peggy Birkenbuel	12:33.4
Men's 50-54	Gold	Steve McNutt	6:04.0
	Silver	Bob Wheeler	6:56.1
Men's 55-59	Gold	Fred Wilson	8:05.2
Men's 65-69	Gold	Jim Madonna	6:09.2
	Silver	Bobby Widhalm	6:41.2
	Bronze	Jim Cavanaugh	8:05.8
Men's 75-79	Gold	Jack Townshend	8:27.6

**3000 Meter Results:**

Women's 55-59	Gold	Francie Cork	19:08.7
Men's 50-54	Gold	Dan Callaghan	11:02.6
	Silver	Bob Wheeler	14:59.1
Men's 55-59	Gold	Gary Shields	16:06.9
Men's 65-69	Gold	Jim Madonna	14:08.8
	Silver	Bobby Widhalm	14:49.7
	Bronze	Jim Cavanaugh	17:26.3
	Fourth	Gerald Braniff	17:36.5
	Fifth	Willy Cork	17:14.0

Shot-put Results:

Women's 60-64	Gold	Richie Musick	18'5.5"
Women's 65-69	Gold	Peggy Birkenbuel	19'6"
Men's 55-59	Gold	Bob Kranz	27'11.5"
	Silver	Chuck Lemke	27'9"
	Bronze	Gary Shields	21'6.5"
Men's 65-69	Gold	Willy Cork	27'2.5"
	Silver	Bobby Widhalm	26'9.5"
Men's 85-9	Gold	Tim Sanders	18'11.5"

Javelin Results:

Women's 60-64	Gold	Richie Musick	33'7"
Women's 65-69	Gold	Peggy Birkenbuel	40'1"
Men's 55-59	Gold	George Rodriguez	83'1"
	Silver	Howard Hansen	83'0"
	Bronze	Chuck Lemke	64'10"
Men's 65-69	Gold	Bobby Widhalm	73'10"
	Silver	Willy Cork	53'4"
Men's 85-89	Gold	Tim Sanders	43'1"

Discus Results:

Women's 60-64	Gold	Bobbie Ritchie	50'5"
Women's 60-64	Gold	Richie Musick	44'4"
Women's 65-69	Gold	Peggy Birkenbuel	19'6"
Women's 70-74	Gold	Ruth Knapman	33'9"
Men's 50-54	Gold	A.C Woolnough	65'11"
	Silver	Bob Wheeler	44'8"
Men's 55-59	Gold	Bob Kranz	89'8"
	Silver	Kevin Jenkins	84'11"
	Bronze	Chuck Lemke	83'4"
Men's 65-69	Gold	Willy Cork	27'2.5"
	Silver	Bobby Widhalm	26'9.5"
Men's 75-79	Gold	Jack Townshend	64'1"

Standing Long Jump Results:

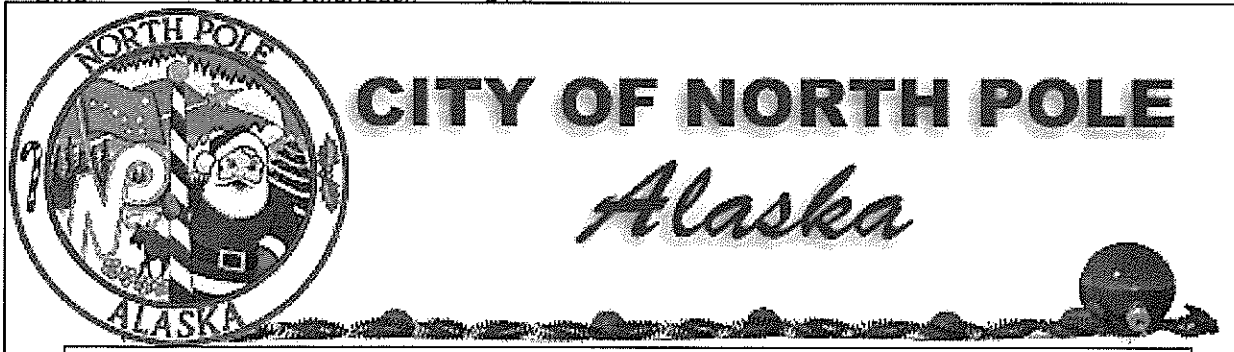
Women's 55-59			
Gold	Pat Moss	5'3.5"	
Women's 60-64			
Gold	Richie Musick	3'1.5"	
Women's 65-69			
Gold	Peggy Birkenbuel	3'8.5"	
Women's 70-74			
Gold	Ruth Knapman	3'4.5"	
Men's 55-59			
Gold	George Rodriguez	6'10"	
Silver	Gary Shields	6'9.5"	
Bronze	Bob Kranz	5'0"	
Men's 65-69			
Gold	Jim Madonna	6'3.25"	
Silver	Jim Cavanaugh	5'4.75"	
Men's 85-89			
Gold	Tim Sanders	3'9"	

Long Jump Results:

Women's 55-59			
Gold	Pat Moss	7'3.5"	
Women's 60-64			
Gold	Richie Musick	10'0.5"	
Women's 65-69			
Gold	Peggy Birkenbuel	4'10.75"	
Men's 50-54			
Gold	A.C Woolnough	11'8"	
Men's 55-59			
Gold	George Rodriguez	6'10"	
Silver	Gary Shields	6'9.5"	
Bronze	Bob Kranz	5'0"	
Men's 65-69			
Gold	Jim Madonna	10'8"	
Silver	Bobby Widhalm	8'4.5"	
Men's 70-74			
Gold	Dave DeVoe	9'7"	
Men's 75-79			
Gold	Jack Townshend	7'3.75"	

Triple Jump Results:

Women's 65-69			
Gold	Peggy Birkenbuel	10'7.5"	
Men's 55-59			
Gold	George Rodriguez	24'3"	



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