2006
ALASKA
INTERNATIONAL
SENIOR GAMES

Results Book
August 11-20, 2006

PO Box 73225, Fairbanks, Alaska 99707
907-374-4670
Email: aksenior_olympics@yahoo.com
www.alaskaisg.org
Fourth Annual Alaska International Senior Games

The Board of Directors would like to thank all the athletes from all over Alaska and other states. We hope that the fourth annual Alaska International Senior Games was a fun experience for you as well as for the many, many volunteers to who shared their time and experience with us. All of your efforts as athletes and volunteers were invaluable to the games and an inspiration to continue leading a fun healthful lifestyle. We hope this was a fun time for all and we hope to see you again in 2007!

Best wishes,
AISG Board

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AISG Mission Statement

The purpose of the Alaska International Senior Games is twofold:
1. to promote the health and fitness of adults 50 years and older through;
   (a) encouraging seniors to undertake and continue participation in a healthful and fitness-oriented lifestyle
   (b) provide activities for older adults to compete with their peers and receive recognition for the efforts and achievements in a atmosphere of friendship and support
2. increase the bonds within the community by;
   (a) focusing public attention on the importance of regular physical activity/exercise as a way to achieve and preserve better health, especially among older adults
   (b) promote a positive image of older adults including opportunities for positive role-modeling
   (c) Government, businesses and residents joining together in promoting and presenting senior games in Fairbanks, Alaska

Profile
Alaska International Senior Games, Inc. is a domestic nonprofit corporation headquarter at 59 College Road, Suite 6, Fairbanks, Alaska 99701. It telephone number is (907) 374-4670. Mailing address is P.O. Box 73225 Fairbanks, Alaska 99707. Funding is derived from corporate, business and private sponsors.
Many Thanks to our sponsors who help make the Alaska International Senior Games Possible!

Fairbanks Memorial Hospital
Princess Tours
Denali State Bank
Usibelli Foundation
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City of Fairbanks
Fairbanks Title
Raven Screens
Regency Court Mall
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Fairbanks North Star Borough
Mini Golf-Fairbanks
Sign Pro
New Northwest Broadcasters
Mt. McKinley Bank
The Alaska Club Fairbanks
North Pole Moose Lodge 306
Diann Darnall Possibilities!

Food Factory
AARP

THANK YOU!!!!!!!!

We are truly sorry if we have omitted any of our wonderful sponsors or athletes. Your participation and support of the Alaska International Senior Games is very much appreciated.

Alaska International Senior Games
August 10-19, 2007
Leisure Games

Commissioner: Peggy Birkenbuel
Site: Fairbanks Senior Center

Checkers Results:
Women’s 65-69 Gold Peggy Birkenbuel
Women’s 70-74 Gold Joanne Fletcher/Tula Belton
Men’s 60-64 Gold Lloyd Hilling
Men’s 65-69 Gold Dan Holleman

Cribbage Results:
Women’s 55-59 Gold Linda Wells
Women’s 60-64 Gold Betty Chaves
Women’s 65-69 Gold Jeanne Rydberg
Women’s 75-79 Gold Lucille Reese
Women’s 80-84 Gold Betty Carlson
Men’s 50-54 Gold Scott Lemley
Men’s 60-64 Gold John Bywater Silver Dan Wells
Men’s 65-69 Gold Jim Cavanaugh
Men’s 90-94 Gold Tim Sanders

Dominoes Results:
Women’s 55-59 Gold Francie Cork
Women’s 65-69 Gold Peggy Birkenbuel
Men’s 85-89 Gold Tim Sanders

Darts Results:
Women’s 65-69 Gold Peggy Birkenbuel
Men’s 55-59 Gold Larry Fennell
Men’s 60-64 Gold Dan Wells
Men’s 90-94 Gold Tim Sanders

Pinochle Results:
Women’s 55-59 Gold Linda Wells
Women’s 70-74 Gold Margret Van Flein
Women’s 75-79 Gold Lucille Reese
Men’s 55-59 Gold Fred Bongiovanni
Men’s 60-64 Gold Dan Wells
Men’s 85-89 Gold Tim Sanders

Scrabble Results:
Women’s 50-54 Gold Pat Moss
Women’s 60-64 Gold Dena Richter
Women’s 65-69 Gold Silver Peggy Birkenbuel Barbara Hill

Alaska International Senior Games
Proud Sponsor
Regency Court Mall
Retail & Professional Office Suites
4 452-4992
George and Renae Browning
Novelty Games

Commissioners:
Jim and Arlene Cavanaugh

Site: Pioneer Park,
Moose Creek Pavilion

<table>
<thead>
<tr>
<th>Mini-Golf Results:</th>
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<tbody>
<tr>
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<td>Men’s 70-74</td>
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<td>Women’s 70-74</td>
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<td>Dan Wells</td>
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<td>Men’s 70-74</td>
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<td>Gold</td>
<td>Mike Thurman</td>
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<td>Men’s 85-89</td>
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<tr>
<td>Gold</td>
<td>Tim Sanders</td>
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</table>
Beanbag Toss Results:

Women’s 55-59
Gold: Linda Wells 8

Women’s 60-64
Gold: Shirley Small 17

Women’s 65-69
Gold: Pat Thurman 10
Silver: Peggy Birkenbuel 5

Women’s 70-74
Gold: Ruth Knapmann 20

Women’s 75-79
Gold: Lucille Reese 11

Women’s 80-84
Gold: Marie Burnett 1

Men’s 60-64
Gold: Dan Wells 18

Men’s 65-69
Gold: Ron Small 24

Men’s 70-74
Gold: Karl Carlson 8

Men’s 90-94
Gold: Tim Sanders 3

Nail Driving Results:

Women’s 55-59
Gold: Linda Wells 34.6 sec

Women’s 60-64
Gold: Shirley Small 25 sec

Women’s 65-69
Gold: Peggy Birkenbuel 26.2 sec
Silver: Pat Thurman 58.7 sec

Women’s 70-74
Gold: Ruth Knapmann 40 sec

Women’s 75-79
Gold: Lucille Reese 38.9 sec

Women’s 80-84
Gold: Marie Burnett 78 sec

Men’s 60-64
Gold: Dan Wells 20.6 sec

Men’s 65-69
Gold: Ron Small 14.7 sec

Men’s 70-74
Gold: Mike Thurman 44 sec

Men’s 80-84
Gold: Karl Carlson 28.5 sec

Men’s 90-94
Gold: Tim Sanders 36.6 sec

Softball Throw Results:

Women’s 55-59
Gold: Pat Moss 52 ft 3 in
Silver: Linda Wells 51 ft 8 in

Women’s 60-64
Gold: Shirley Small 41 ft

Women’s 65-69
Gold: Peggy Birkenbuel 72 ft 5 in

Women’s 75-79
Gold: Lucille Reese 40 ft 6 in

Women’s 80-84
Gold: Marie Burnett 35 ft 6 in

Men’s 55-59
Gold: Phillip Mace 149 ft
Silver: Clyde Lorenz 131 ft

Men’s 60-64
Gold: Dan Wells 102 ft

Men’s 65-69
Gold: Ron Small 140 ft 6 in
Silver: Willy Cork 122 ft 1 in

Men’s 80-84
Gold: Karl Carlson 62 ft 6 in

Men’s 90-94
Gold: Tim Sanders 54 ft 4 in

Frisbee Throw Results:

Women’s 55-59
Gold: Linda Wells 69 ft

Women’s 60-64
Gold: Shirley Small 45 ft

Women’s 65-69
Gold: Peggy Birkenbuel 53 ft

Women’s 70-74
Gold: Ruth Knapmann 43 ft 4 in
Archery

Commissioner: John Abrams

Site: Fairbanks Curling Club

Compound Release Results:

Men’s 60-64
Gold  John Abrams

Recurve Sights Results:

Men’s 50-54
Gold  Roger Weggel

Men’s 55-59
Gold  Joe Mattie

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USIBELLI FOUNDATION
P.O. Box 1000 Healy, AK 99743

Usibelli Coal Mine, Inc.
Badminton

Commissioner: Jim Chase

Site:

Badminton Results

Womens Singles

Gold: Charlotte Perotti
Silver: Pat Moss

Men Singles

Gold: Paul Cannarsky
Silver: Andy Hutzel
Bronze: David McDowell

Mixed Doubles

Gold: Charlotte Perotti/Paul Cannarsky
Silver: Pat Moss/ Andy Hutzel

Men Doubles

Gold: Andy Hutzel/Paul Cannarsky
Silver: Jim Chase/David McDowell
**Bowling**

**Commissioner:** Charlotte Perotti  
**Site:** Arctic Bowl

**Singles Results:**

**Women’s 50-54**
- **Gold** Roslyn Sandland 383

**Women’s 55-59**
- **Gold** Concepcion Kimble 462
- **Silver** Rita Youngberg 430
- **Bronze** Charlotte Perotti 407

**Women’s 60-64**
- **Gold** Janice Krigsvold 438
- **Silver** Liese Parent 378
- **Bronze** Arlene Cavanaugh 390

**Women’s 65-69**
- **Gold** Mary Messinger 427
- **Silver** Mary Ann Eberhardt 407
- **Bronze** Sister Pat Mayer 296

**Women’s 70-74**
- **Gold** Janine Kendall 435
- **Silver** Ruth Jolly Knapman 178

**Women’s 75-79**
- **Gold** Mary Messinger 427
- **Silver** Mary Ann Eberhardt 407
- **Bronze** Sister Pat Mayer 296

**Women’s 80-84**
- **Gold** Evelyn Branson 371

**Women’s 90-94**
- **Gold** Bettie Upright 356

**Men’s 55-59**
- **Gold** Rick Winther 652
- **Silver** Walter Warner 466
- **Bronze** Fennell Leavy 354

**Men’s 60-64**
- **Gold** Kris Laughlin 596
- **Silver** Jim Holm 545
- **Bronze** Dan Ellison 395

**Men’s 65-69**
- **Gold** Ron Garris Sr. 585
- **Silver** Bruce Perotti 522

**Men’s 70-74**
- **Gold** Frank Herrera 428
- **Silver** Jim Zumwalt 428
- **Bronze** Jim Duey 425

**Doubles Results:**

**Women’s 50-54**
- **Gold** Jannine Kendall 801
- **Silver** Roslyn Sandland

**Women’s 55-59**
- **Gold** Lynn Immel 936
- **Silver** Sister Pat Mayer 928
- **Bronze** Evelyn Branson 864

**Women’s 60-64**
- **Gold** Janice Krigsvold 829
- **Silver** Charlotte Perotti 807
- **Bronze** Rita Youngberg

**Women’s 65-69**
- **Gold** Mary Ann Eberhardt 835
- **Silver** Liese Parent

**Women’s 75-79**
- **Gold** Mary Messinger 745
- **Silver** Betty Upright

**Men’s 50-54**
- **Gold** Tom Marsh 948
- **Silver** Bruce Perotti

**Men’s 55-59**
- **Gold** Fennell Leavy 757

**Men’s 60-64**
- **Gold** Kris Laughlin 1095
- **Silver** Jim Holm 1030

**Men’s 70-74**
- **Gold** Ron Garris Sr. 922
- **Silver** Frank Herrera 771

**Mixed Doubles Results (2:00 pm):**

**55-59**
- **Gold** Lynn Immel 883
- **Silver** Jim Duey

**60-64**
- **Gold** Charlotte Perotti 909
- **Silver** Bruce Perotti

**65-69**
- **Gold** Karen Sours 905
- **Silver** Kris Laughlin

**75-79**
- **Gold** Mary Ann Eberhardt 819
- **Silver** Walter Eberhardt
### Mixed Doubles Results (2:00 pm):

#### 50-54

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<th>Mary Messinger</th>
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<td>Bronze</td>
<td>Charlotte Perotti</td>
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<td>Thomas Marsh</td>
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#### 55-59

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<td>Daniel Ellison</td>
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<td>Alvin Skinner</td>
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#### 60-64

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<td>Bruce Perotti</td>
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#### 65-69

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<td>Ron Garris Sr.</td>
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**Wells Fargo Bank**

We are happy to partner with the Alaska International Senior Games in providing services to Alaskans.

**474-4101**
Cycling

Commissioner: Simon Rakower

Site: Gravel Pit, 1.5 mi Murphy Dome Road

5K Results:

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<th>Time</th>
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<tbody>
<tr>
<td>Women's 55-59 Gold</td>
<td>Jennifer Jolis</td>
<td>12:39</td>
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<td>Women's 60-64 Gold</td>
<td>Charlotte Berdahl</td>
<td>11:43</td>
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<tr>
<td>Women's 70-74 Gold</td>
<td>Carol DeVoe</td>
<td>13:46</td>
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<tr>
<td>Men's 55-59 Gold</td>
<td>John Berdahl</td>
<td>12:14</td>
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<tr>
<td>Men's 70-74 Gold</td>
<td>Dave DeVoe</td>
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10K Results:

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<td>Gail Koepf</td>
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<td>Women's 55-59 Gold</td>
<td>Deborah Hansen</td>
<td>23:25</td>
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<td>Women's 70-74 Gold</td>
<td>Carol DeVoe</td>
<td>26:14</td>
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<td>Men's 50-54 Gold</td>
<td>Terry Miller</td>
<td>18:22</td>
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<td>Men's 65-69 Gold</td>
<td>Jerry Braniff</td>
<td>22:01</td>
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<tr>
<td>Men's 70-74 Gold</td>
<td>Dave DeVoe</td>
<td>23:43</td>
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With Locations at 530 4th Avenue (452-1751) and at the corner of University Avenue and Airport Way (474-1770)

Appreciates the opportunity to sponsor the Alaska International Senior Games

Alaska International Senior Games
Proud Sponsor

Willy and Francie Cork
**Golf**

**Commissioner:**
Dick Morris/Pat DeRuyter

**Site:** North Star Golf Club, 
Chena Bend Golf Club, 
Fairbanks Golf and Country Club

**Results:**

| Women’s 50-54 | Gold | Ann Spannagel | Total score 259 |
| Silver | Pat DeRuyter | Total score 288 |
| Bronze | Velesta Fusco | Total score 343 |

| Women’s 55-59 | Gold | Liz Barclay | Total score 284 |
| Silver | Jean Kalish | Total score 303 |
| Bronze | Diane Lewis | Total score 316 |

| Women’s 60-64 | Gold | Loraine Burch | Total score 273 |
| Silver | Sherry Fisher | Total score 284 |
| Bronze | Santina Meath | Total score 285 |

| Women’s 65-69 | Gold | Judy Saupé | Total score 319 |
| Silver | Lynn Hines | Total score 341 |
| Bronze | Joyce Anderson | Total score 315 |

| Men’s 50-54 | Gold | Bill Husby | Total score 280 |
| Silver | Thorn Seizer | Total score 290 |

| Men’s 55-59 | Gold | Ben Tupuola | Total score 280 |
| Silver | Terrell Lewis | Total score 353 |

| Men’s 60-64 | Gold | Dick Morris | Total score 257 |
| Silver | Craig Salsbury | Total score 263 |
| Bronze | Tom Curry | Total score 276 |

| Men’s 65-69 | Gold | Don Hartbauer | Total score 254 |
| Silver | Bill Ristow | Total score 271 |

| Men’s 70-74 | Gold | Bernie Saupé | Total score 306 |
| Men’s 75-79 | Gold | Kelley Everette | Total score 285 |
Horseshoes

Commissioner: Walter Crary

Site: North Pole Moose Lodge #306
Terry Miller Memorial Park

Results:

Women's 55-59
Gold Frannie Cork
Silver Linda Wells

Women's 75-79
Gold Lucille Reese
Gold Marie Burnett

Men's 60-64
Gold Dan Ellison
Silver Dan Wells

Men's 65-69
Gold Jim Cavanaugh

Alaska International Senior Games
Proud Sponsors

Mini Golf Fairbanks
Sign Pro
New Northwest Broadcasters
Raven Screens
Mountain Biking

**Commissioner:**
Gail Koeuf

**Site:** Birch
Hill Recreation Area

**Results:**

<table>
<thead>
<tr>
<th></th>
<th>Gold</th>
<th>Silver</th>
<th>Bronze</th>
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<tr>
<td>Men's 65-69 Gold</td>
<td>Rocky Reifenstuhl</td>
<td>14:23</td>
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<td>Tim Huber</td>
<td>16:26</td>
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<td>Gary Lutz</td>
<td>22:18</td>
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<tr>
<td>Men's 65-69 Gold</td>
<td>Jim Cavanaugh</td>
<td>12:12</td>
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<td>William Blockolsky</td>
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Men's 50-54
Racketball

Commissioner: John Berdahl

Site: Alaska Club

Results:

Men's 75-79
Gold John Berdahl

Women's 55-59
Gold Barbara Dugan

Women's 60-64
Gold Charlotte Berdahl

Gold Clyde Lorenze

Men's 60-64
Gold Ed Callaghan

Men's 65-69
Gold Dan Wells

Gold Jim Madonna

The Alaska Club
Fairbanks

Alaska International Senior Games
Proud Sponsor
Fairbanks Central Labor
The City of Fairbanks

Appreciates the opportunity to sponsor the Alaska International Senior Games!
5K Road Race

Commissioner:
Jeff Jacobson

Site: Woodriver Elementary School

5K Race Results:

Women's 50-54
Gold: Colleen Newgard 25:13
Silver: Roselyn Sandland 37:38

Women's 55-59
Gold: Gail Koepf 24:14
Silver: Francie Cork 30:30

Women's 60-64
Gold: Charlotte Berdahl 33:50

Women's 65-69
Gold: Cam Carlson 33:15
Silver: Peggy Birkenbuel 44:38

Women's 70-74
Gold: Ruth Knapman 47:03

Men's 50-54
Gold: Rocky Reifenstal 19:21
Silver: Tim Huber 20:35
Bronze: Tom Ojala 25:10

Men's 55-59
Gold: Ed Callaghan 29:51

Men's 65-69
Gold: Jim Cavanaugh 28:31
Silver: Gerald Braniff 29:67
Bronze: Willy Cork 30:56
Fourth: Jack Townshend 30:37

Men's 80-84
Gold: Glen Hackney 31:01

Alaska International Senior Games
Proud Sponsor

Interior Women's Health
1919 Lathrop St.,
Fairbanks
479-7701
## Swimming

**Commissioner:**
Michelle Leonard  
**Site:** Hamme Pool

### 100 Individual Medley Results:
- **Women's 50-54**  
  Gold: Ginny McDowell (1:43.43)  
- **Women's 70-74**  
  Gold: Margaret VanFleln (2:18.15)  
- **Men's 55-59**  
  Gold: Edward Callaghan (2:14.06)  
- **Men's 60-64**  
  Gold: Ken Hickey (1:42.78)  
  - **Women's 70-74**  
  Gold: Peggy Birkenbuel (1:14.20)  
  - **Men's 70-74**  
  Gold: Bill Blockcolsky (0:49.03)

### 200 Freestyle Results:
- **Men's 55-59**  
  Gold: John Walsh (3:54.64)

### 100 Breaststroke Results:
- **Women's 50-54**  
  Gold: Ginny McDowell (1:52.9)  
- **Women's 60-64**  
  Gold: Margaret Billington (2:06.62)  
- **Women's 70-74**  
  Gold: Margaret VanFleln (1:02.53)  
- **Men's 55-59**  
  Gold: Edward Callaghan (2:14.06)  
- **Men's 60-64**  
  Gold: Ken Hickey (1:42.78)

### 100 Backstroke Results:
- **Men's 60-64**  
  Gold: Ken Hickey (1:36.37)  
  Silver: Bill Blockcolsky (2:18.54)

### 100 Butterfly Results:
- **Men's 60-64**  
  Gold: Ken Hickey (1:57.84)

### 50 Butterfly Results:
- **Men's 50-54**  
  Gold: Scott Lemley (0:28.49)  
- **Men's 55-59**  
  Gold: Edward Callaghan (1:07.49)

### 50 Freestyle Results:
- **Women's 55-59**  
  Gold: Donna Kime (0:49.12)  
- **Women's 60-64**  
  Gold: Margaret Billington (0:46.72)

### 50 Backstroke Results:
- **Women's 50-54**  
  Gold: Ginny McDowell (0:50.28)  
- **Women's 55-59**  
  Gold: Donna Kime (0:57.09)  
- **Women's 65-69**  
  Gold: Peggy Birkenbuel (1:42.32)  
- **Women's 80-84**  
  Gold: Betty Carlson (2:14.89)  
- **Men's 50-54**  
  Gold: Scott Lemley (0:32.06)  
- **Men's 60-64**  
  Gold: Ken Hickey (0:40.68)  
- **Men's 70-74**  
  Gold: Bill Blockcolsky (1:01.67)

### 500 Freestyle Results:
- **Women's 60-64**  
  Gold: Margaret Billington (10:45.80)
  Silver: Edward Callaghan (11:40.98)

### 50 Breaststroke Results:
- **Women's 50-54**  
  Gold: Donna Kime (1:08.25)
- **Women's 60-64**  
  Gold: Margaret Billington (0:54.64)  
- **Women's 65-69**  
  Gold: Peggy Birkenbuel (1:32.41)  
- **Women's 70-74**  
  Gold: Margaret VanFleln (0:53.84)  
- **Women's 80-84**  
  Gold: Betty Carlson (4:02.13)  
- **Men's 55-59**  
  Gold: Edward Callaghan (0:56.21)

### 100 Freestyle Results:
- **Women's 50-54**
Gold
Women’s 55-59
Gold
Women’s 65-69
Gold
Men’s 50-54
Gold
Men’s 55-59
Gold

Ginny McDowell 1:52.96
Dona Kime 1:52.95
Peggy Birkenbuel 2:27.25
Scott Lemley 1:03.16
John Walsh 1:58.31

Alyeska Pipeline Service Co

North Pole Moose Lodge
#306

Alaska International Senior Games
Proud Sponsor
Diann Darnall
Possibilities!
# Table Tennis

**Commissioner:** Diann Darnall  
**Site:** Patty Gym UAF

## Singles Results:

<table>
<thead>
<tr>
<th>Category</th>
<th>Gold</th>
<th>Silver</th>
<th>Bronze</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women's 50-54</td>
<td>Diann Darnall</td>
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</tr>
<tr>
<td>Women's 55-59</td>
<td>Andrea Gelvin</td>
<td>Carol Johnson</td>
<td></td>
</tr>
<tr>
<td>Women's 60-64</td>
<td>Richie Musick</td>
<td></td>
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</tr>
<tr>
<td>Women's 70-74</td>
<td>Maggie Mitchell</td>
<td></td>
<td>Ruth Knapman</td>
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<tr>
<td>Women's 80-84</td>
<td>Betty Carlson</td>
<td></td>
<td></td>
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<tr>
<td>Men's 50-54</td>
<td>David DeMay</td>
<td>Vikas Sonwalker</td>
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</tr>
<tr>
<td>Men's 55-59</td>
<td>Andy Hutzel</td>
<td>Mark Wade</td>
<td></td>
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<tr>
<td>Men's 60-64</td>
<td>Bob Janes</td>
<td>John Bywater</td>
<td></td>
</tr>
<tr>
<td>Men's 65-69</td>
<td>Dan Holleman</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## Doubles Results:

### Women’s 50-54

- **Gold:** Andrea Gelvin, Diann Darnall
- **Silver:** Jane Parrish, Carol Johnson
- **Bronze:** Jerry Smith, Chirk Chu
- **Silver:** Scott Lemley, David DeMay
- **Gold:** Andy Hutzel, Mark Wade
- **Silver:** Jamo Parrish, Bob Janes
- **Gold:** Ah Huan Zhang, Boyd Bennett

## Mixed Doubles Results:

### 50-54

- **Gold:** Diann Darnall, Mark Wade
- **Silver:** Andrea Gelvin, Andy Hutzel
- **Silver:** Jane Parrish, Bob Janes
- **Bronze:** Carol Johnson, Jamo Parrish
Tennis

Commissioner: Joe Sullivan

Site:

Singles Results:
Women’s 55-59
Gold: Donna Holleman
Silver: Mary Ann Hoffman

Men’s 50-54
Gold: Sam Hawkins

Men’s 60-64
Gold: Jim Hackett
Silver: Bruno Sinogaglio

Men’s 65-69
Gold: Dan Holleman

Men’s 70-74
Gold: Alfred Wong

Men’s 75-79
Gold: Dan Ramras

Doubles Results:
Men’s 55-59
Gold: Joe Sullivan
Silver: Dan Ramras

Men’s 60-64
Gold: Frank Carnahan
Jim Hackett

Men’s 65-69
Gold: Dan Holleman
Alfred Wong

Mixed Doubles Results:
55-59
Gold: Joe Sullivan
Silver: Penny Wakefield
Bronze: John Yarie
Fourth: Dan Ramras

Silver: Dan Holleman
Bronze: Donna Holleman
John Yarie
Carol Lewis
Mary Ann Hoffman
Trap Shoot

Commissioner: Greg Yocum & Rhon Abbott

Site: Fairbanks Trap Club

Trapshooting Results:

<table>
<thead>
<tr>
<th>Category</th>
<th>Gold</th>
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<tbody>
<tr>
<td>Women's 50-54</td>
<td>Trish Rex</td>
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<tr>
<td>Women's 55-59</td>
<td>Karen Lidster</td>
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<tr>
<td>Men's 50-54</td>
<td>Greg Yocum</td>
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<td>Men's 60-64</td>
<td>Bill Pfisterer</td>
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<tr>
<td>Men's 65-69</td>
<td>Gerry Parsons</td>
<td>Philip Evans</td>
</tr>
</tbody>
</table>

If you are interested in programs for Seniors, please call 459-1070.

Proud Supporters of the Alaska International Senior Games

Fairbanks North Star Borough Senior Recreation Programs
# Track and Field

**Commissioner:**
**Jim Loftus**

**Site:**
North Pole High School

## 50 Meter Results:

<table>
<thead>
<tr>
<th>Event</th>
<th>Gold</th>
<th>Silver</th>
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</thead>
<tbody>
<tr>
<td>Women's 50-54</td>
<td>Coleen Newgaard 10.7 sec</td>
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<tr>
<td>Women's 55-59</td>
<td>Bobbie Ritchie 8.7</td>
<td>Francie Cork 11.7</td>
</tr>
<tr>
<td>Women's 60-64</td>
<td>Charlotte Berdahl 11.9</td>
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<tr>
<td>Women's 65-69</td>
<td>Cam Carlson 10.9</td>
<td>Peggy Birkenbuel 13.1</td>
</tr>
<tr>
<td>Men's 50-54</td>
<td>Tom Ojala 6.9</td>
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<tr>
<td>Men's 55-59</td>
<td>Steve Smith 7.4</td>
<td>David McDowell 7.8</td>
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<tr>
<td>Men's 65-69</td>
<td>Jim Madonna 8.1</td>
<td>Jerry Harwood 8.5</td>
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<td></td>
<td>Silver</td>
<td>Willy Cork 9</td>
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## 800 Meter Results:

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<th>Event</th>
<th>Gold</th>
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</thead>
<tbody>
<tr>
<td>Women's 50-54</td>
<td>Coleen Newgaard 3:35</td>
<td>Ginny McDowell 3:59</td>
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<tr>
<td>Women's 60-64</td>
<td>Charlotte Berdahl 4:37</td>
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<tr>
<td>Women's 65-69</td>
<td>Cam Carlson 4:53</td>
<td>Peggy Birkenbuel 6:03</td>
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<tr>
<td>Men's 55-59</td>
<td>Jim Loftus 2:20</td>
<td>Rick Wilson 2:51</td>
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<td></td>
<td>John Walsh 3:22</td>
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<tr>
<td>Men's 65-69</td>
<td>Gold</td>
<td>Jim Madonna 2:49</td>
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## 100 Meter Results:

<table>
<thead>
<tr>
<th>Event</th>
<th>Gold</th>
<th>Silver</th>
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<tbody>
<tr>
<td>Women's 55-59</td>
<td>Bobbie Ritchie 16.5 sec</td>
<td>Francie Cork 21.5</td>
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<tr>
<td>Women's 60-64</td>
<td>Charlotte Berdahl 23.5</td>
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<tr>
<td>Women's 65-69</td>
<td>Cam Carlson 22.5</td>
<td>Peggy Birkenbuel 26.8</td>
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<tr>
<td>Men's 50-54</td>
<td>Tom Ojala 13.5</td>
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<tr>
<td>Men's 55-59</td>
<td>Steve Smith 14.5</td>
<td>David McDowell 14.8</td>
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<tr>
<td></td>
<td>Silver</td>
<td>Phil Mace 18.3</td>
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<tr>
<td>Men's 65-69</td>
<td>Jim Madonna 15.7</td>
<td>Willy Cork 18.1</td>
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## 200 Meter Results:

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<th>Gold</th>
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<tr>
<td>Women's 55-59</td>
<td>Bobbie Ritchie 35.7</td>
<td>Francie Cork 49.89</td>
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<tr>
<td>Women's 60-64</td>
<td>Charlotte Berdahl 52:4</td>
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<td>Women's 65-69</td>
<td>Cam Carlson 55</td>
<td>Peggy Birkenbuel 1:08:9</td>
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<td>Men's 50-54</td>
<td>Tom Ojala 27:7</td>
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<td>Men's 55-59</td>
<td>David McDowell 31.2</td>
<td>Howard Hansen 33.4</td>
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<tr>
<td></td>
<td>Gold</td>
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<tr>
<td>Men's 65-69</td>
<td>Jim Madonna 33</td>
<td>Willy Cork 40:7</td>
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## 400 Meter Results:

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<tbody>
<tr>
<td>Women's 50-54</td>
<td>Ginny McDowell 1:40:9</td>
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<tr>
<td>Women's 65-69</td>
<td>Peggy Birkenbuel 2:57:2</td>
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<tr>
<td>Men's 50-54</td>
<td>Rich Boone 1:07:3</td>
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<tr>
<td>Men's 55-59</td>
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</tbody>
</table>
Men’s 70-74
Gold  Bill Blockulsky  25 ft 9
Men’s 90-94
Gold  Tim Sanders  17 ft 6

Javelin Results:
Women’s 55-59
Gold  Barb Doogan  31 ft 10
Women’s 65-69
Gold  Peggy Birkenbuel  48 ft
Men’s 55-59
Gold  Howard Hansen  73 ft 5
Silver  Clyde Lorenz  72 ft 1
Bronze  Rick Wilson  59 ft 11
Fourth  Phil Mace  52 ft 8
Men’s 60-64
Gold  Chuck Lemke  70 ft 7
Men’s 65-69
Gold  Ron Small  84 ft 2
Silver  Jerry Harwood  63 ft 2
Men’s 90-94
Gold  Tim Sanders  40 ft 6

Discus Results:
Women’s 55-59
Gold  Andrea Gelvin  53 ft 9
Silver  Bobbie Ritchie  50 ft 8
Women’s 65-69
Gold  Peggy Birkenbuel  45 ft 1
Silver  Cam Carlson  44 ft 10
Men’s 55-59
Gold  Rick Wilson  95 ft 6
Silver  Phil Mace  54 ft 6
Men’s 60-64
Gold  Chuck Lemke  91 ft 11
Men’s 65-69
Gold  Jerry Harwood  111 ft 3
Silver  Ron Small  108 ft 6
Bronze  Willie Cork  69 ft 10
Men’s 70-74
Gold  Bill Blockulsky  49 ft 4
Silver  Mike Thurman  45 ft 2
Men’s 90-94
Gold  Tim Sanders  43 ft 1

Long Jump Results:
Women’s 55-59
Gold  Bobbie Ritchie  9 ft 10
Women’s 65-69
Gold  Cam Carlson  6 ft 9
Silver  Peggy Birkenbuel  4 ft 10
Men’s 55-59
Gold  Jim Madonna  9 ft 10
Silver  Jerry Harwood  9 ft
### Standing Long Jump Results:

<table>
<thead>
<tr>
<th>Category</th>
<th>Gold</th>
<th>Silver</th>
<th>Bronze</th>
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</thead>
<tbody>
<tr>
<td><strong>Women's 50-54</strong></td>
<td>Ginny McDowell</td>
<td>4 ft 5</td>
<td></td>
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<tr>
<td><strong>Women's 55-59</strong></td>
<td>Pat Moss</td>
<td>5 ft 4</td>
<td></td>
</tr>
<tr>
<td><strong>Women's 65-69</strong></td>
<td>Peggy Birkenbuel</td>
<td>2 ft 1</td>
<td></td>
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<tr>
<td><strong>Men's 55-59</strong></td>
<td>Howard Hansen</td>
<td>5 ft 3</td>
<td></td>
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<tr>
<td><strong>Men's 65-69</strong></td>
<td>Jerry Harwood</td>
<td>6 ft 5</td>
<td></td>
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<tr>
<td></td>
<td>Jim Madonna</td>
<td>5 ft 10</td>
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</tr>
<tr>
<td></td>
<td>Jim Cavanaugh</td>
<td>5 ft .5</td>
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</tr>
</tbody>
</table>
About the NATIONAL SENIOR GAMES ASSOCIATION

The National Senior Games Association is the national organization that spearheads the senior games movement, sanctioning and coordinating efforts of senior games organizations across the country. Presently, we serve 50 member state organizations, located in 49 states (excluding Oregon) and the District of Columbia.

A community based member of the United States Olympic Committee (USOC) since 1988, the NSGA serves as the USOC's official arm to the senior population.

For more Membership information, please contact the:

NATIONAL SENIOR GAMES ASSOCIATION
Post Office Box 82059
Baton Rouge, LA 70884-2059
225/766-6800 (phone)
225/766-9115 (fax)
nsga@nsga.com

2007 Summer National Senior Games
The Senior Olympics
June 22-July 8
Louisville, KY

See You Next Year!!!!