

ARCHERY

Commissioner: Roger Weggel
590-0927

Recurve

Men (Age 50-54) – Gold Roger Weggel 710 + 730 Total 1440
Men (Age 55-59) – Gold Joe Mattie 729 + 734 Total 1463

Barebow Compound

Men (Age 50-54) – Gold Jeffery Rentzel 536 + 552 Total 1088

BOWLING

Commissioner: Charlotte Perotti
457-1332

Singles

Women (Age 60-64) – Gold Charlotte Perotti	400
Women (Age 65-69) – Gold Karen Sours	488
Women (Age 65-69) – Silver Judy Hogenson	456
Women (Age 65-69) – Bronze Rita Youngberg	441
Women (Age 70-74) – Gold Jannine Kendall	402
Women (Age 70-74) – Silver Margaret Henderson	393
Women (Age 70-74) – Bronze Arlene Cavanaugh	383
Women (Age 75-79) – Gold Sister Pat Mayer	359
Women (Age 90-94) – Gold Bettie Upright	300
Men (Age 55-59) -- Gold Johnny Jones	414
Men (Age 60-64) -- Gold Kris Laughlin	444
Men (Age 60-64) – Silver Ed Washburn (6:00p)	376
Men (Age 60-64) – Bronze Ed Washburn (2:00p)	339
Men (Age 65-69) – Gold Bruce Perotti	503
Men (Age 65-69) – Silver Butch Youngberg	437
Men (Age 70-74) -- Gold Donald Cook	443
Men (Age 75-79) -- Gold Frank Herrera	356
Men (Age 75-79) – Silver John Megyesi	311

Doubles

Women (Age 60-64) – Gold Charlotte Perotti and Bettie Upright	781
Women (Age 65-69) – Gold Karen Sours and Arlene Cavanaugh	862
Women (Age 65-69) – Silver Jannine Kendall and Judy Hogenson	808
Women (Age 70-74) – Gold Sister Pat Mayer and Margaret Henderson	707
Men (Age 55-59) – Gold Johnny Jones and Donald Cook	909
Men (Age 60-64) – Gold Kris Laughlin and Bruce Perotti	802
Men (Age 65-69) – Gold Bruce Perotti and Butch Youngberg	802
Men (Age 65-69) – Silver Frank Herrera and Butch Youngberg	753
Men (Age 75-79) – Gold Frank Herrera and John Megyesi	637

Mixed Doubles

Age 55-59 – Gold Bettie Upright and Johnny Jones	700
Age 60-64 – Gold Sister Pat Mayer and Kris Laughlin	843
Age 60-64 – Silver Charlotte Perotti and Butch Youngberg	745
Age 65-69 – Gold Karen Sours Bruce Perotti	1034
Age 65-69 – Silver Rita Youngberg and Frank Herrera	911
Age 65-69 – Bronze Judy Hogenson and Butch Youngberg	843
Age 70-74 – Gold Jannine Kendall and Frank Herrera	762
Age 70-74 – Silver Arlene Cavanaugh and Jim Cavanaugh	725

CYCLING

Commissioner: Simon Rakower
474-8184

5K

Women (Age 60-64) – Gold Charlotte Berdahl	12:52
Men (Age 50-54) -- Gold Brian Parker	12:12
Men (Age 55-59) -- Gold John Berdahl	13:19
Men (Age 60-64) -- Gold Ed Callaghan	9:92
Men (Age 75-79) -- Gold Bill Blockcolsky	15:14

10K

Men (Age 50-54) -- Gold Brian Parker	19:58
Men (Age 60-64) -- Gold Ed Callaghan	18:50
Men (Age 75-79) -- Gold Bill Blockcolsky	30:24

20K

Women (Age 50-54) -- Gold Tricia Yocum	10:01
Men (Age 50-54) -- Gold Brian Parker	40:58
Men (Age 55-59) -- Gold Rocky Reifenstuhl	36:17
Men (Age 55-59) – Silver Greg Yocum	42:44
Men (Age 60-64) -- Gold Ed Callaghan	39:40
Men (Age 75-79) -- Gold Bill Blockcolsky	64:05

Golf

Commissioners: Pat DeRuyter 479-7853
Dick Morris 479-6608

Women (Age 50-54) -- Gold Debe Reischke	330
Women (Age 55-59) -- Gold Pat DeRuyter	284
Women (Age 55-59) – Silver Valerie Therrien	328
Women (Age 60-64) -- Gold Fran Westervelt	278
Women (Age 60-64) – Silver Clarice Dukeminier	328
Women (Age 65-69) -- Gold Lorraine Burch	266
Women (Age 65-69) – Silver Donna Wells	328
Women (Age 70-74) -- Gold Marge Howard	442

Women (Age 75-79) -- Gold Charlotte Brees	325
Men (Age 50-54) -- Gold Paul Lindhag	246
Men (Age 55-59) -- Gold Mike Stackhouse	275
Men (Age 60-64) -- Gold Dick Morris	266
Men (Age 60-64) – Silver Clifford Benshoof	286
Men (Age 60-64) – Bronze Chris Guinn	301
Men (Age 60-64) – 4 Emery Mowrey	309
Men (Age 60-64) – 5 Larry Opdycke	313
Men (Age 60-64) – 6 TJ Rogers	328
Men (Age 65-69) -- Gold Ron Teel	245
Men (Age 65-69) – Silver LeRoy Wiedeman	328
Men (Age 70-74) -- Gold Bob Howard	287
Men (Age 70-74) – Silver Roger Burch	296
Men (Age 70-74) – Bronze Arlo Brees	356
Men (Age 75-79) -- Gold John Saville	306
Men (Age 80-84) -- Gold James Matthews	439

HORSESHOES

Commissioner: Walter Crary
322-6834

Women (Age 80-84) – Gold Marie Burnett
Men (Age 50-54) -- Gold Jeff Jacobson
Men (Age 60-64) -- Gold James Hunter

RACE WALK

Commissioner: Janna Miller
479-5585

1500 Meters

Women (Age 50-54) – Gold Beth Nava-Allard	10:15
Women (Age 65-69) – Gold Cam Carlson	11.57
Men (Age 60-64) – Gold Don Gray	12.51

RACQUETBALL

Commissioner: John Berdahl
388-5037

Singles

Men (Age 55-59) -- Gold John Berdahl
Men (Age 55-59) -- Silver Clyde Lorenz
Men (Age 60-64) -- Gold Frank Canha
Men (Age 60-64) -- Silver Dan Wells
Men (Age 60-64) -- Bronze Ed Callaghan
Men (Age 65-69) -- Gold Jack Tragis
Men (Age 75-79) -- Gold John Miller

5K ROAD RACE

Commissioner: Jeff Jacobson
460-7733

Women (Age 50-54) -- Gold Jane Lanford	23.11
Women (Age 50-54) -- Silver Ginny McDowell	30.06
Women (Age 55-59) -- Gold Cathy Morgan	26.46
Women (Age 65-69) -- Gold Cam Carlson	36.06
Women (Age 70-74) -- Gold Mary Ann Nickles	55.07
Men (Age 50-54) -- Gold Jeff Jacobson	31.21
Men (Age 55-59) -- Gold Rocky Reifenstuhl	20.44
Men (Age 55-59) -- Silver Bob Wheeler	24.57
Men (Age 55-59) -- Bronze Ed Rouleau	26.35
Men (Age 60-64) -- Gold Ross Bolding	20.24
Men (Age 70-74) -- Gold Jim Madonna	24.55
Men (Age 70-74) -- Silver Ernie Berry	29.32
Men (Age 70-74) -- Bronze Jim Cavanaugh	35.09
Men (Age 80-84) -- Gold Glenn Hackney	36.35

SWIMMING

Commissioner: Michelle Leonard
459-1070

50 Yard Back Stroke

Women (Age 50-54) -- Gold Ginny McDowell	:50.94
Men (Age 75-79) -- Gold Bill Blockcolsky	:56.53

50 Yard Breast Stroke

Women (Age 50-54) -- Gold Ginny McDowell	:54.62
Women (Age 60-64) -- Gold Maggie Billington	:56.35
Women (Age 70-74) -- Gold Margret Van Flein	:52.47
Men (Age 60-64) -- Gold Ed Callaghan	:53.56

50 Yard Freestyle

Women (Age 50-54) -- Gold Ginny McDowell	:41.90
Women (Age 60-64) -- Gold Maggie Billington	:47.41
Women (Age 70-74) -- Gold Margret Van Flein	:49.93
Men (Age 50-54) -- Gold Fred Freer	:33.81
Men (Age 60-64) -- Gold Ed Callaghan	:45.66
Men (Age 60-64) -- Silver John Walsh	:53.40
Men (Age 75-79) -- Gold Bill Blockcolsky	:54.58

100 Yard Back Stroke

Men (Age 75-79) -- Gold Bill Blockcolsky	1:58.91
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100 Yard Breast Stroke

Women (Age 60-64) -- Gold Maggie Billington	2:01.84
Women (Age 70-74) -- Gold Margret Van Flein	2:02.03

100 Yard Freestyle

Women (Age 50-54) -- Gold Ginny McDowell	1:33.15
Women (Age 70-74) -- Gold Margret Van Flein	1:58.38
Men (Age 60-64) -- Gold John Walsh	1:53.44
Men (Age 75-79) -- Gold Bill Blockcolsky	1:53.47

100 Yard IM Relay

Men (Age 60-64) -- Gold Ed Callaghan	2:03.06
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50 Yard Butterfly

Men (Age 50-54) -- Gold Fred Freer	:58.12
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200 Yard Freestyle

Men (Age 60-64) -- Gold John Walsh	4:18.32
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500 Yard Freestyle

Women (Age 60-64) -- Gold Maggie Billington	10:40.87
Women (Age 65-69) -- Gold Nora Braniff	10:55.94
Men (Age 60-64) -- Gold Ed Callaghan	11:24.45
Men (Age 60-64) -- Silver John Walsh	11:59.88

TRACK AND FIELD

Commissioner: Jim Loftus
479-8161

50 Meter Dash

Women (Age 50-54) -- Gold Kerry Hansell	8.8
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Women (Age 55-59) -- Gold Bobbie Ritchie	8.5
Women (Age 65-69) -- Gold Cam Carlson	11.5
Women (Age 65-69) -- Silver Ritchie Musick	17.6
Women (Age 85-89) -- Gold Alyce Hansell	23.3

Men (Age 50-54) -- Gold Bill Sedlac	7.7
Men (Age 55-59) -- Gold David McDowell	7.9
Men (Age 70-74) -- Gold Jim Madonna	10.0
Men (Age 70-74) -- Silver Ernie Berry	13.1
Men (Age 75-79) -- Gold Bill Blockcolsky	15.3
Men (Age 90-94) -- Gold Tim Sander	28.1

100 Meter Dash

Women (Age 50-54) -- Gold Kerry Hansell	17.5
Women (Age 55-59) -- Gold Bobbie Ritchie	17.6
Women (Age 65-69) -- Gold Cam Carlson	22.6
Women (Age 85-89) -- Gold Alyce Hansell	49.5

Men (Age 50-54) -- Gold Bill Sedlac	15.6
Men (Age 55-59) -- Gold David McDowell	14.8
Men (Age 70-74) -- Gold Jim Madonna	19.0
Men (Age 70-74) -- Silver Ernie Berry	21.5
Men (Age 75-79) -- Gold Bill Blockcolsky	27.9
Men (Age 90-94) -- Gold Tim Sander	51.3

200 Meter Dash

Women (Age 55-59) -- Gold Bobbie Ritchie	34.8
Women (Age 65-69) -- Gold Cam Carlson	54.4

Men (Age 55-59) -- Gold David McDowell	32.2
Men (Age 55-59) -- Silver Bob Wheeler	39.9
Men (Age 60-64) -- Gold Ross Bolding	31.8
Men (Age 70-74) -- Gold Jim Madonna	38.8

400 Meter Dash

Women (Age 50-54) -- Gold Ginny McDowell	1:45.2
Women (Age 50-54) -- Silver Jayne McDonagh	1:50.5
Women (Age 50-54) -- Bronze Kerry Hansell	2:25.4
Women (Age 55-59) -- Gold Bobbie Ritchie	1:47.1
Women (Age 60-64) -- Gold Pat Diskin	2:03.7

Women (Age 85-89) -- Gold Alyce Hansell	4:23.5
Men (Age 55-59) -- Gold Jim Loftus	1:02.2
Men (Age 55-59) -- Silver David McDowell	1:16.7
Men (Age 60-64) -- Gold Ross Bolding	1:10.8
Men (Age 70-74) -- Gold Jim Madonna	1:29.3
Men (Age 85-89) -- Gold Ken Hansell	4:23.8

800 Meter Run

Women (Age 65-69) -- Gold Cam Carlson	5:16.7
Women (Age 85-89) -- Gold Alyce Hansell	8:56.4
Men (Age 55-59) -- Gold Jim Loftus	2:25.7
Men (Age 55-59) -- Silver Bob Wheeler	3:22.3
Men (Age 60-64) -- Gold Ross Bolding	2:41.1
Men (Age 70-74) -- Gold Jim Madonna	3:17.1
Men (Age 85-89) -- Gold Ken Hansell	8:56.1

1500 Meter Run

Women (Age 50-54) -- Gold Ginny McDowell	7:58.9
Women (Age 65-69) -- Gold Cam Carlson	10:08.7
Men (Age 55-59) -- Gold Bob Wheeler	6:46.1
Men (Age 60-64) -- Gold Ross Bolding	5:30.9
Men (Age 70-74) -- Gold Jim Madonna	6:35.4
Men (Age 70-74) -- Silver Ernie Berry	7:54.2

3000 Meter Run

Men (Age 55-59) -- Gold Bob Wheeler	14:47.9
Men (Age 60-64) -- Gold Ross Bolding	12:57.8
Men (Age 70-74) -- Gold Jim Madonna	14:40.2

Shot Put

Women (Age 50-54) -- Gold Jayne McDonagh	22' - 5 ¼"
Women (Age 50-54) -- Silver Kerry Hansell	21' - 6 ½"
Women (Age 55-59) -- Gold Bobbie Ritchie	24' - 8 ½"
Women (Age 60-64) -- Gold Pat Diskin	25' - 8 ½"
Women (Age 65-69) -- Gold Cam Carlson	18' - 10"
Women (Age 65-69) -- Silver Ritchie Musick	16' - 5 ¼"
Women (Age 85-89) -- Gold Alyce Hansell	10' - 11 ¾"
Men (Age 60-64) -- Gold Ross Bolding	28' - 7 ¼"
Men (Age 70-74) -- Gold Jim Madonna	24' - 1 ¾"
Men (Age 75-79) -- Gold Bill Blockcolsky	27' - 4"
Men (Age 85-89) -- Gold Ken Hansell	13' - 3 ½"
Men (Age 90-94) -- Gold Tim Sander	17' - 10"

Discus

Women (Age 50-54) -- Gold Kerry Hansell	70' - 4 ½"
Women (Age 55-59) -- Gold Bobbie Ritchie	59' - 3"
Women (Age 60-64) -- Gold Pat Diskin	63' - 2 ¾"
Women (Age 65-69) -- Gold Ritchie Musick	40' - 0 ¾"
Women (Age 65-69) -- Silver Cam Carlson	36' - 4 ¾"
Women (Age 85-89) -- Gold Alyce Hansell	25' - 9 ¾"
Men (Age 70-74) -- Gold Ernie Berry	50' - 5"
Men (Age 75-79) -- Gold Bill Blockcolsky	63' - 6"
Men (Age 85-89) -- Gold Ken Hansell	41' - 7 ½"
Men (Age 90-94) -- Gold Tim Sander	34' - 0 ½"

TABLE TENNIS

Commissioner: Diann Darnall
479-

54SilverGold

Singles

Women (Age 55-59) -- Gold Diann Darnall

Women (Age 55-59) – Silver Andrea Gelvin
Women (Age 60-64) – Gold Carol Johnson
Women (Age 60-64) – Silver Jane Parrish
Women (Age 60-64) – Bronze Shirley Bennett
Women (Age 65-69) – Gold Ritchie Musick

Men (Age 50-54) -- Gold David DeMay
Men (Age 50-54) -- Silver Albert Parrish
Men (Age 50-54) – Bronze Chirk Chu
Men (Age 50-54) – 4 Jerry Smith
Men (Age 55-59) -- Gold Andy Hutzel
Men (Age 55-59) – Silver Steve Li
Men (Age 55-59) – Bronze Mark Wade
Men (Age 55-59) – 4 Kelly Rivers
Men (Age 60-64) -- Gold Bob Janes
Men (Age 60-64) – Silver Jamo Parrish
Men (Age 65-69) -- Gold Dan Holleman
Men (Age 75-79) -- Gold Boyd Bennett

Doubles

Women (Age 50-54) -- Gold Terry Norman/Carol Johnson
Women (Age 50-54) – Silver Holly Fox/Ritchie Musick
Women (Age 55-59) – Gold Diann Darnall/Shirley Bennett
Women (Age 55-59) – Silver Andrea Gelvin/ Jane Parrish

Men (Age 50-54) – Gold Dave DeMay/Boyd Bennett
Men (Age 50-54) – Silver Albert Parrish/Jamo Parrish
Men (Age 50-54) – Bronze Jerry Smith/Chirk Chu
Men (Age 55-59) – Gold Andy Hutzel/Bob Janes
Men (Age 55-59) – Silver Steve Lin/Dan Holleman

Mixed Doubles

(Age 50-54) -- Gold Carol Johnson/Chirk Chu
(Age 50-54) – Silver Holly Fox/Albert Parrish
(Age 50-54) – Bronze Terry Norman/Dave DeMay
(Age 50-54) – 4 Ritchie Musick/Jerry Smith
(Age 55-59) – Gold Diann Darnall/Andy Hutzel
(Age 55-59) – Silver Andrea Gelvin/Bob Janes

(Age 60-64) – Gold Jane Parrish/Jamo Parrish
(Age 60-64) – Silver Shirley Bennett/Boyd Bennett

TENNIS

Commissioner: Joe Sullivan
460-7659

Singles

Women (Age 60-64) -- Gold Donna Holleman
Women (Age 65-69) -- Gold Cathy Thomas
Men (Age 60-64) -- Gold William Ho
Men (Age 65-69) -- Gold Jim Hackett
Men (Age 65-69) – Silver Dan Holleman

Mixed Doubles

Women (Age 55-59) -- Gold Joe Sullivan/Cathy Thomas
Women (Age 60-64) -- Gold Dan and Donna Holleman

TRIATHLON

Commissioner: Ed Callaghan
479-4917

Swim 400 Free, Cycle 20K, Road Race 5K

Women (Age 50-54) – Gold Carol Williams	1:55.40
Women (Age 55-59) – Gold Gail Knopf	1:17.08
Women (Age 55-59) – Gold Mary Via	1:31.42
Men (Age 55-59) – Gold Rocky Reifenstuhl	1:08.30
Men (Age 60-64) – Gold Ed Callaghan	1:23.42