



Event Results  
2013

Fairbanks, Alaska

Updated: Sept 1, 2013

# ARCHERY

Commissioner: Roger Weggel

## *600 FITA Round*

### *Barebow Recurve – no sights*

Men (60-64)	Gold	David Garcia	163
Men (65-69)	Gold	Lamar Wood, Jr	243
Men (70-74)	Gold	William Pearson	203

### *Compound Release - with sights*

Men (55-59)	Gold	Andrew Pancho	529
Men (60-64)	Gold	Darrell Needham	499

### *Recurve – with sights*

Men (55-59)	Gold	Roger Weggel	481
Men (60-64)	Gold	Joe Mattie	503

*Barebow Compound / Compound Fingers - No entries*

# BASKETBALL 3-on-3

Commissioner: Cody Burgess

Gold	Wild Hogs II
Silver	No Shows
Bronze	Ole Skool

**Wild Hogs** – Charles Stevenson,-Bart Lebon, Jim Villano, Chuck Vogel

**Old School** – David Green, Kelly Kea, Kenny White, Michael Davis

**No Shows** – John Fox, Silas Alexander, Rick Stanton, Frank McGilvary

# BOCCE

Commissioner: Clarice Dukeminier

## *Singles*

Women (50-54)	Gold	Lori Gibertoni
	Silver	Kelly MacDonald
Women (55-59)	Gold	Judi Wellnitz
	Silver	Deb Medlin
	Bronze	Kat Fyten
Women (60-64)	Gold	Geri Grodzinsky
	Silver	Diann Casterline
	Bronze	Joann Dixon
	Participants	Marcia Boyette
		Pat DeRuyter
		Tammy Langley
		Diann Darnall
Women (65-69)	Gold	Clarice Dukeminier
	Silver	Marlin Collins
	Bronze	Carol Johnson
	Participants	Barbara Doogan
		Cheryl Lafollette
		Carol Moore
		Shirley Pomeroy
Women (70-74)	Gold	Linda Unsicker
	Silver	Carolyn Boran
	Bronze	Goldie Southwood
Women (75-79)	Bronze	Lee Grieme
	Gold	Donna Darnall
	Silver	Peggy Birkenbuel
	Bronze	Margaret Henderson
	Participants	Kristina Ahlnas
Women (80-84)		Dianne Doody
	Gold	DA McGilvary
	Silver	Joanna Phillips
	Bronze	Ruth Knapman
	Participants	Harriet Oberg
Women (85-89)		Ellen Brown
	Gold	Colleen Redman
Women (95-99n)	Gold	Rachel Thomas
	Gold	Bettie Upright

## BOCCE (cont'd)

Men (55-59)	Gold	Scott MacDonald
	Silver	Warren Taylor
	Bronze	Ruben Larranaga
	Participant	Mario Najera Kenny White
Men (60-64)	Gold	Frank Stagno
	Silver	Alan Armbruster
	Bronze	Rick Bormann
Men (65-69)	Gold	Bernard Sartori
	Silver	Charles Cannon
	Bronze	Fred Bongiovanni
Men (70-74)	Gold	Wayne Grieme, Sr
	Silver	Larry Knapman
Men (75-79)	Gold	Jim Cavanaugh
	Silver	Don Dahlke
	Bronze	Frank McGilvary
Men (80-84)	Gold	Dave Watson
Men (85-89)	Gold	John Darnall
	Silver	Richard Hansen

### *Doubles*

Gold	Kat Fyten and Judi Wellnitz
Silver	Cynthia Klepaski and Jeff Jacobson
Bronze	Donna Darnall and John Darnall

# BOWLING

Commissioner: Charlotte Perotti

## *Singles*

Women (50-54)	Gold	Diane Lewis	411
	Silver	Genie Permenter	365
Women (55-59)	Gold	Oh Wongkit	532
	Silver	Lois Heine	434
	Bronze	Bekky Thompson	431
	4	Ginni Murphy	404
	5	Kathy Powell	392
Women (60-64)	Gold	Carol Kleckner	431
	Silver	Suzn Hanson	405
	Bronze	Pat Moss	348
Women (65-69)	Gold	Bonnie Sheffield	347
	Silver	Cheryl Lafollette	318
	Bronze	Charlotte Perotti	310
	4	Marlin Collins	308
Women (75-79)	Gold	Janice Krigsvold	495
	Silver	Margaret Henderson	448
	Bronze	Jannine Kendall	364
	4	Dianne Doody	339
	5	Peggy Birkenbuel	237
Women (80-84)	Gold	MaryAnn Eberhardt	254
	Silver	Sister Pat Mayer	251
Women (85-89)	Gold	Hope Helms	392
Women (95-99)	Gold	Bettie Upright	333
Men (50-54) –	Gold	Preechar Wongkit	540
Men (55-59) –	Gold	Don Hovda	660
	Silver	Dave Thompson	508
	Bronze	Phillip Heine	471
	4	Bob Eley	405
	5	Jim Lewandoski	376
	6	Mario Najera	310
	7	Warren Taylor	286
Men (60-64) –	Gold	Frank Stagno	544
Men (65-69) –	Gold	Kris Laughlin	482
	Silver	Ed Washburn	307

## BOWLING (cont'd) *Singles*

Men (70-74) –	Gold	Bruce Perotti	468
Men (75-79) –	Gold	Richard Carda	392
	Silver	Frank McGilvary	312
	Bronze	Don Dahlke	235
Men (80-84) –	Gold	John Megyesi	319
	Silver	Dave Watson	271
Men (85-89) –	Gold	Richard Hansen	402
	Silver	Roy Helms	401

## *Doubles*

Women (55-59) –	Gold	Bekky Thompson & Janice Krigsvold	889
	Silver	Ginni Murphy & Jannine Kendall	867
Women (60-64) –	Gold	Marcia Holm & Pat Martin	952
	Silver	Suzn Hanson & Peggy Birkenbuel	673
Women (65-69) –	Gold	Charlotte Perotti & Bettie Upright	742
	Silver	Bonnie Sheffield & MaryAnn Eberhardt	633
Women (75-79) –	Gold	Margaret Henderson & Sister Pat Mayer	690
Men (55-59) –	Gold	Phillip Heine & Don Hovda	1227
	Silver	Dave Thompson & Richard Carda	957
	Bronze	Bob Eley & Frank Stagno	908
Men (65-69) –	Gold	Kris Laughlin & Frank McGilvary	814
Men (70-74) –	Gold	Bruce Perotti & John Megyesi	739

## BOWLING (cont'd)

### *Mixed Doubles*

(55-59) –	Gold	Marcia Holm & Don Hovda	1110
	Silver	Lois Heine & Philip Heine	1002
	Bronze	Bekky Thompson & Dave Thompson	982
	4	Bettie Upright & Bob Eley	712
(60-64) –	Gold	Suzn Hanson & Frank McGilvary	763
(65-69) –	Gold	Charlotte Lefferson & Kris Laughlin	951
	Silver	Charlotte Perotti & Bruce Perotti	916
(75-79) –	Gold	Janice Krigsvold & Richard Carda	835

# CYCLING

Commissioner: Rocky Reifenstuhl

## 5K

Women (50-54)	Gold	Diane Lewis	17:17
Men (55-59)	Gold	Jerry Fillingim	10:12
Men (60-64)	Gold	Craig Loudon	9:16

## 10K

Women (50-54)	Gold	Cyndie Beale	19:44
Women (55-59)	Gold	Gayle Garrigues	18:50
	Silver	Sharon Baker	19:06
	Bronze	Jane Lanford	21:11
	4	Kathy Dohner	33:21
Women (60-64)	Gold	Gail Koepf	19:43
	Silver	Mary Via	22:06
Women (65-69)	Gold	Gail Davidson	24:01
Men (50-54)	Gold	Earl Peterson	17:24
	Silver	Jim Vogt	18:08
Men (55-59)	Gold	Brian Parker	19:14
	Silver	Don Kiely	19:35
	Bronze	Warren Taylor	19:40
Men (60-64)	Gold	Stan Justice	17:56
	Silver	Carl Hemming	22:29
Men (65-69)	Gold	Edward Callaghan	19:30
	Silver	Bernard Sartori	23:12
	Bronze	Michael Rotter	26:04
Men (70-74)	Gold	Wayne Grieme, Sr	21:47
Men (75-79)	Gold	Al Storvick	30:49



# DISC GOLF

Commissioner: Logan Lyle

(Note: This year, due to construction on campus, only 6 holes were played.)

## *Partners (scored)*

### *Women*

Gold	Carol Johnson & Janet Johnson	26
Silver	Lucy Lorenz & Goldie Southwood	29

### *Men*

Gold	Earl Peterson & Rick Bormann	17
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### *Mixed*

Gold	Karen Brauser & Achim Brauser	21
Silver	Aporn Stein & Stan Justice	23
Bronze	Nitaya Notkin & Warren Taylor	24
4	Peggy Birkenbuel & Don Dahlke	26
5	Donna Darnall & John Darnall	31

# GOLF

Commissioner:

Pat DeRuyter

Women (50-54) –	Gold	Dee Liebl	264
	Silver	Martha Hanlon	274
Women (55-59) –	Gold	Betty Ketzler	328
Women (60-64) –	Gold	Pat DeRuyter	301
	Silver	Cindy Lucksted	410
Women (65-69) –	Gold	Clarice Dukeminier	312
	Silver	Maida Buckley	324
	Bronze	Barbara Pomar	351
Women (70-74) –	Gold	Donna Wells	351
Men (50-54) –	Gold	Jack Pierce	269
	Silver	Silas Alexander	298
	Bronze	Steve Shugars	299
	4	Keith Kurber II	326
	5	Bear Rimiller	330
Men (55-59) –	Gold	Paul Lindhag	247
	Silver	Steve Pulido	283
	Bronze	Lincoln Hawkes	285
	4	Eric Heyne	297
	5	Bob Eley	353
	(One day of play)	Glen Kravitz	96
Men (60-64) –	Gold	Carl Cady	244
	Silver	Steve Barrett	388
Men (65-69) –	Gold	Dick Morris	tie 263
	Gold	Craig Salsbury	tie 263
	Silver	Chris Guinn	304
	Bronze	Emery Mowrey	312
	(two days of play)	Edward Callaghan	258
Men (70-74) –	Gold	Ron Teel	249
	Silver	Leroy Wiedeman	311
	Bronze	Samuel McCarty	330
Men (75-79) –	Gold	Don Hartbauer	262
Men (80-84) –	Gold	Alfred Ketzler	270
Men (85-89) –	Gold	Andrew Zahare	318

# HORSESHOES

Commissioner:

Walter Crary

## *Singles*

Women (50-54) –	Gold	Kelley MacDonald
Women (55-59) –	Gold	Deb Medlin
Women (60-64) –	Gold	Suzn Hanson
	Silver	Pat DeRuyter
	Bronze	Diann Darnall
Women (65-69) –	Gold	Clarice Dukeminier
	Silver	Cheryl LaFollette
	Bronze	Suzanne Henning
Women (70-74) –	Gold	Goldie Southwood
Women (75-79) –	Gold	Donna Darnall
	Silver	Peggy Birkenbuel
	Bronze	Dianne Doody
Women (80-84) –	Gold	Harriet Oberg
	Silver	Ruth Knapman
	Bronze	Colleen Redman
Women (85-89) –	Gold	Rachel Thomas
	Silver	Margaret Stone
Men (50-54) –	Gold	David Green
Men (55-59) –	Gold	Scott MacDonald
	Silver	Kenny White
Men (60-64) –	Gold	Frank Stagno
	Silver	John Curtis
	Bronze	Michael Davis
Men (65-69) –	Gold	Bernard Sartori
	Silver	Ed Washburn
Men (70-74) –	Gold	Larry Knapman
Men (75-79) –	Gold	Don Dahlke
Men (80-84) –	Gold	Bill Blockcolsky
	Silver	Dave Watson
	Bronze	John Megyesi
Men (85-89) –	Gold	John Darnall

# ICE HOCKEY - COED

Commissioner:

Laird Grantham

Gold	Red Team	6 points	3 wins, 0 losses, 0 tie
Silver	Blue Team	5 points	2 wins, 0 losses, 1 tie
Bronze	Yellow Team	1 point	0 wins, 2 losses, 1 tie

**Blue** Team – Kevin Berry, Steve Dean, Rick Berne, Steve Barrett, Ruben Larranaga, Janet Sheets, Pam Seiser, Clarice Grandpre, Michelle Christensen

**Red** Team – Jim Lewandoski, Jim Keegan, Dave Graham, Ray Martsof, Vladimir Romanovsky Jim Vogt, Ken Murray, Keith Kruber, Lucy Keturi, Genie Permenter, Jann Laiti, Dean Largen.

**Yellow** Team – Jim Ozimkoski, Brian Taras, Jeff Johnson, Ed Callahan, Gary Luckstead, Rusty Pickus, Gerard Aarhus, Debbie Kissinger, Rhonda Williams, Lori Quakenbush, Bobbie Ritchie.

# INDOOR SHOOTING

Commissioner:

John Wyman

## *Pistol*

Women (65-69) –	Gold	Dody Maki	185
	Silver	Wynola Possenti	180
Women (70-74) –	Gold	Barbara Shew	152
	Silver	Dorothy Throop	145
	Bronze	Janet Miller	91
	4	Cam Carlson	61
Women (85-89) –	Gold	Margaret Stone	36
Men (55-59) --	Gold	Scott MacDonald	121
Men (65-69) –	Gold	Paul Maki	192
	Silver	Craig Salsbury	153
Men (70-74) –	Gold	David Miller	180
	Silver	Ron Wilfer	150
	Bronze	Bob Carlson	92
Men (80-84) –	Gold	Bud Burris	174
	Silver	Joe Nava	170
Men (85-89) –	Gold	John Darnall	137

## *Rifle*

Women (50-54) –	Gold	Kelley MacDonald	180
Women (60-64) –	Gold	Pat Moss	139
Women (65-69) –	Gold	Carol Moore	20
Women (70-74) –	Gold	Cam Carlson	170
	Silver	Barbara Shew	122
Women (85-89) –	Gold	Margaret Stone	26
Men (55-59) –	Gold	Scott MacDonald	180
Men (65-69) –	Gold	Paul Maki	191
	Silver	Craig Salsbury	185
Men (70-74) –	Gold	David Miller	195
	Silver	Ron Wilfer	186
	Bronze	Bob Carlson	172
Men (80-84) –	Gold	Bud Burris	200
	Silver	Joe Nava	197
Men (85-89) –	Gold	Oliver Backlund	183

# MINI GOLF

## *Singles – 18 holes*

Commissioner: Ritchie Musick

Women (50-54) – tie-breaker	Gold	Diane Lewis	53
	Silver	Shana Clay	54
	Bronze	Kelley MacDonald	55
	4	Lucy Lorenz	55
Women (55-59) – tie-breaker	Gold	Debbie Mowrey	50
	Silver	Deb Medlin	50
	Bronze	Nancy Mazurek	53
Women (60-64) –	Gold	Tammy Langley	49
	Silver	Diane Casterllne	51
	Bronze	Marcia Boyette	55
	4	Suzn Hanson	58
Women (65-69) –	Gold	Carol Moore	46
	Silver	Marlin Collins	53
Women (70-74) –	Gold	Ritchie Musick	50
	Silver	Goldie Southwood	55
Women (75-79) –	Gold	Peggy Birkenbuel	51
	Silver	DA McGilvary	56
	Bronze	Diane Doody	58
	4	Donna Darnall	65
	5	Mary Ann Nickles	71
Women (80-84) –	Gold	Ruth Knapman	53
	Silver	Ellen Brown	55
	Bronze	Harriet Oberg	57
	4	Kay Henry	79
Women (85-89) –	Gold	Rachel Thomas	47
	Silver	Margaret Stone	57
Men (50-54) –	Gold	Andre Clay	55
Men (55-59) –	Gold	Scott MacDonald	41
Men (60-64) –	Gold	Frank Stagno	44
Men (65-69) –	Gold	Emery Mowrey	41
Men (70-74) –	Gold	Larry Knapman	54
Men (75-79) – tie-breaker	Gold	Jim Cavanaugh	50
	Silver	David Henry	56
	Bronze	Don Dahlke	56
Men (80-84) –	Gold	Jack Ozment	42
	Silver	Dave Watson	44
Men (85-89) –	Gold	Andrew Zahare	44
	Silver	John Darnall	52

# PICKLEBALL

Commissioner: Dalonna Cooper

## *Doubles*

Women (50-54) –	Gold	Nancy Monson & Lucy Lorenz
	Silver	Robin Walthour & Alice Hardesty
	Bronze	Ann Delong & Mary K-Stark
Women (55-59) –	Gold	Dalonna Cooper & Sandy Crabtree
Women (60-64) –	Gold	Diann Darnall & Geri Grodzinsky
	Silver	Marcia Boyette & Rachel Thomas
	Bronze	Suzn Hanson & Judith Tolbert
Women (65-69) –	Gold	Donna Holleman & Kathy Hill
	Silver	Janet Johnson & Carol Johnson
Women (75-79)	Gold	Peggy Birkenbuel & DA McGilvary
Men (55-59) –	Gold	Mario Najera & Jeff Johnson
	Silver	Wes Graf & Sam Newby
Men (60-64) –	Gold	Rick Bormann & Clyde Lorenz
	Silver	Gordon Cooper & Robert Segla
	Bronze	Alan Armbruster & Ray Morrison
Men (70-74) –	Gold	Tuck Vosburg & Jack Ozment
Men (75-79) –	Gold	Dan Holleman & Frank McGilvary

## PICKLEBALL (cont'd)

### *Mixed Doubles*

Mixed (50-54)	Gold	Robin Walthour & Ellis Walthour
Mixed (55-59)	Gold	Gerri Grodzinsky & Mario Najera
	Silver	Dalonna Cooper & Gordon Cooper
	Bronze	Mary Ann Newby & Sam Newby
Mixed (60-64)	Gold	Sandy Crabtree & Mike Crabtree
	Silver	Marcia Boyette & Robert Segla
	Bronze	Rachel Thomas & Clyde Lorenz
Mixed (65-69)	Gold	Donna Holleman & Dan Holleman
	Silver	Barb Doogan & Gary Copus
Mixed (70-74)	Gold	Kathy Hill & Doug Dodd
	Silver	Judy Tolbert & David Majick
Mixed (75-79)	Gold	Peggy Birkenbuhl & Jack Ozment
	Silver	DA McGilvary & Frank McGilvary



# RACQUETBALL

Commissioner: Karen Harris

## *Singles*

Women (50-54) –	Gold	Robin Walthour
	Silver	Diane Lewis
Women (65-69) –	Gold	Barbara Doogan
Women (85-89) –	Gold	Rachel Thomas

Men (50-54) –	Gold	Wayne Oxford
Men (55-59) –	Gold	Ellis Walthour
	Silver	Charlie Pannone
	Bronze	Dan Anderson
Men (60-64) –	Gold	John DeRuyter
	Silver	Clyde Lorenz

## *Doubles*

Men (50-54) –	Gold	Wayne Oxford / Charlie Pannone
Men (55-59) –	Gold	Mario Najera / Dan Anderson
	Silver	John Miller / Ellis Walthour
Men (60-64) –	Gold	Clyde Lorenz John DeRuyter
Mixed (50-54) –	Gold	Robin Walthour / Ellis Walthour
(55-59) –	Gold	Mario Najera / Diane Lewis
(60-64) –	Gold	Clyde Lorenz / Barbara Doody

# 10K ROAD RACE

Commissioner: Jane Lanford  
 Assistant: Don Kiely

Women (50-54) –	Gold	Bridget Lewis	50:58
	Silver	Joanne Kuykendall	1:01:21
Women (55-59) –	Gold	Jane Lanford	48:00
	Silver	Sharon Baker	54:46
Women (60-64) –	Gold	Carol Kleckner	51:45
Women (65-69) –	Gold	Linda Unsicker	1:00:57
	Silver	Shirley Pomeroy	1:32:28
Women (70-74) –	Gold	Lucy Tetpon	1:23:00
Men (50-54) –	Gold	Dan Bishop	45:19
	Silver	John Mayer	50:05
Men (55-59) –	Gold	Don Kiely	45:13
Men (60-64) –	Gold	Carl Hemming	1:08:06
Men (65-69) –	Gold	John Walsh	59:41
Men (75-79) –	Gold	Jim Madonna	53:01

# 5K ROAD RACE

Commissioner: Jane Lanford  
 Assistant: Don Kiely

Women (50-54) –	Gold	Bridget Lewis	23:30
	Silver	Joanne Kuykendall	28:57
	Bronze	Diane Lewis	37:00
	4	Leanne Jensen	47:07
Women (55-59) –	Gold	Jane Lanford	23:42
	Silver	Sharon Baker	25:40
	Bronze	Nancy Mazurek	38:48
	4	Nitaya Notkin	42:00
Women (60-64) –	Gold	Carol Kleckner	25:36
	Silver	Gail Koepf	27:36
	Bronze	Cathy Morgan	29:03
Women (65-69)–	Gold	Linda Unsicker	29:35
	Silver	Gail Davidson	39:50
	Bronze	Shirley Pomeroy	42:52
Women (75-79) –	Gold	Margret Van Flein	48:51
Women (80-84) –	Gold	Ruth Knapman	58:41

## 5K ROAD RACE (cont'd)

Men (50-54) –	Gold	Dan Bishop	21:51
	Silver	Keith Kurber II	28:50
	Bronze	George Rimiller	30:30
	4	Shane McBurney	30:48
Men (55-59) –	Gold	Don Kiely	22:08
	Silver	Jim Lewandoski	27;22
Men (60-64) –	Gold	Larry Stice	29:41
Men (65-69) –	Gold	Michael Rotter	40:14
Men (75-79) –	Gold	Jim Madonna	25:10

## SWIMMING

Commissioner: Marggie Rogge

### *50 yard Breaststroke*

Women (55-59) –	Gold	Doris Lundin	50.19
Women (60-64) –	Gold	Gail Koepf	53.60
Women (65-69) –	Gold	Gail Davidson	59.78
	Silver	Maggie Billington	1:01.84
Women (75-79) –	Gold	Margret Van Flein	1:02.60
	Silver	Kristina Ahlnas	1:28.69
	Bronze	Peggy Birkenbuel	1:51.69
Men (50-54) –	Gold	Shane McBurney	46.03
Men (55-59) –	Gold	Don Kiely	45.72
	Silver	Brian Parker	52.94
	Bronze	Scott MacDonald	59.66
	4	Warren Taylor	1:20.94
Men (65-69) --	Gold	Chester Sniegowski Jr.	50.79
Men (80-84) –	Gold	Bill Blockcolsky	1:11.97
	Silver	Dave Watson	1:41.32

### *50 yard Backstroke*

Women (55-59) --	Gold	Kathy Dohner	49.50
Women (60-64) –	Gold	Diane Casterline	1:32.18
Women (65-69) –	Gold	Maida Buckley	51.21
Women (75-79) –	Gold	Peggy Birkenbuel	1:48.66
	Silver	Kristina Ahlnas	1:49.88
Women (80-84) –	Gold	Martha Markey	1:44.78

## SWIMMING (cont'd) *50 yard Backstroke*

Men (50-54) –	Gold	Shane McBurney	37.41
Men (55-59) –	Gold	Don Kiely	38.72
	Silver	Warren Taylor	1:04.68
Men (65-69) –	Gold	Chester Sniegowski Jr.	48.35
Men (80-84) –	Gold	Bill Blockcolsky	1:11.97
	Silver	Dave Watson	1:43.75

### *50 yard Butterfly*

Men (50-54) –	Gold	Shane McBurney	50.75
Men (65-69) --	Gold	Chester Sniegowski	38.56

### *50 yard Freestyle*

Women (50-54) –	Gold	Doris Lundin	41.84
Women (55-59) –	Gold	Nancy Mazurek	56.53
Women (60-64) –	Gold	Diane Casterline	1:22.81
Women (65-69) –	Gold	Maida Buckley	50.85
	Silver	Maggie Billington	53.97
Women (70-74) –	Gold	Linda Miller	1:24.62
Women (75-79) –	Gold	Margret Van Flein	55.88
	Silver	Peggy Birkenbuel	1:23.06
Women (80-84) –	Gold	Martha Markey	1:41.97

Men (50-54) –	Gold	Shane McBurney	38.34
Men (55-59) –	Gold	Don Kiely	34.50
	Silver	Brian Parker	36:44
	Bronze	Scott MacDonald	43.85
	4	Warren Taylor	47.32

Men (65-69) –	Gold	Chester Sniegowski Jr.	40.25
Men (80-84) –	Gold	Bill Blockcolsky	58.66
	Silver	Dave Watson	1:18.94

### *100 yard Freestyle*

Women (50-54) –	Gold	Doris Lundin	1:47.50
Women (60-64) –	Gold	Diane Casterline	3:19.10
Women (65-69) –	Gold	Aldena Woody	2:42.50
Women (75-79) –	Gold	Margret Van Flein	2:05.41
	Silver	Peggy Birkenbuel	3:42.72
Women (80-84) –	Gold	Martha Markey	4:10.47

## SWIMMING (cont'd) *100 yard Freestyle*

Men (55-59) –	Gold	Warren Taylor	1:59.84
Men (80-84) –	Gold	Bill Blockcolsky	2:32.97
	Silver	Dave Watson	3:13.69

### *100 yard Breaststroke*

Women (55-59) –	Gold	Doris Lundin	1:48.19
Women (60-64) –	Gold	Gail Koepf	2:02.31
Women (65-69) –	Gold	Gail Davidson	2:09.84
Women (75-79) –	Gold	Margret Van Flein	2:14.72
	Silver	Kristina Ahlnas	3:29.78
	Bronze	Peggy Birkenbuel	4:25.87
Men (80-84) –	Gold	Dave Watson	4:03.37

### *100 yard Backstroke*

Women (55-59) –	Gold	Kathy Dohner	1:48.50
Women (70-74) –	Gold	Linda Miller	3:05.50
Women (75-79) –	Gold	Peggy Birkenbuel	4:14.25
Women (80-84) –	Gold	Martha Markey	3:50.78
Men (50-54) –	Gold	Shane McBurney	1:28.22
Men (55-59) –	Gold	Don Kiely	1:35.90
	Silver	Warren Taylor	2:31.96
Men (80-84) –	Gold	Bill Blockcolsky	2:47.44

### *200 yard Freestyle*

Women (50-54) –	Gold	Doris Lundin	4:13.84
Women (65-69) –	Gold	Aldena Woody	6:27.12
Women (75-79) –	Gold	Kristina Ahlnas	7:10.60
Men (55-59) --	Gold	Warren Taylor	4:57.66
Men (80-84) --	Gold	Dave Watson	7:47.13

## SWIMMING (cont'd)

### **500 yard Freestyle**

Women (65-69) –	Gold	Maggie Billington	11:25.59
Men (55-59) --	Gold	Don Kiely	8:57.31
Men (75-79) –	Gold	Al Storvick	13:46.97

### **100 yard Individual Medley**

Women (75-79) –	Gold	Margret Van Flein	2:27.12
Men (55-59) --	Gold	Don Kiely	1:37.10
Men (65-69) --	Gold	Chester Sniegowski, Jr	1:50.16

# TABLE TENNIS

Commissioner:

Diann Darnall

## *Singles*

Women (50-54) -	Gold	Diane Lewis
Women (55-59) -	Gold	Aporn Stein
	Silver	Dawn Weyiouanna
Women (60-64) -	Gold	Diann Darnall
	Silver	Geri Grodzinsky
	Bronze	Suzn Hanson
Women (65-69) -	Gold	Carol Johnson
	Silver	Jane Parrish
	Bronze	Gail Davidson
Women (70-74) -	Gold	Ritchie Musick
	Silver	Goldie Southwood
Women (75-79) -	Gold	Donna Darnall
	Silver	Peggy Birkenbuel
	Bronze	DA McGilvary
Women (80-84) -	Gold	Ellen Brown
Women (85-89) -	Gold	Phyllis Hughes
	Silver	Rachel Thomas
Men (50-54) -	Gold	Silas Alexander
Men (55-59) -	Gold	Dave DeMay
	Silver	Vikas Sonwalkar
	Bronze	Mario Najera
	4	Chirk Chu
	Participants	Ron Harper
		Kenny White
Men (60-64) -	Gold	Alan Armbruster
	Silver	Mike Davis
Men (65-69) -	Gold	Jamo Parrish
Men (75-79) -	Gold	Gerald Berman
Men (80-84) -	Gold	Dave Watson
Men (85-89) -	Gold	John Darnall

## TABLE TENNIS (cont'd)

### *Doubles*

Women (55-59) –	Gold	Aporn Stein / Peggy Birkenbuel
Women (60-64) –	Gold	Gerri Grodzinsky / Jane Parrish
	Silver	Diann Darnall / Ritchie Musick
Women (75-79) –	Gold	Donna Darnall /Phyllis Hughes

Men (55-59) –	Gold	Dave DeMay / Chirk Chu
	Silver	Albert Parrish / Jamo Parrish
	Bronze	Mario Najera / Alan Armbruster
	4	Vikas Sonwalker / John Darnall

### *Mixed Doubles*

(55-59) –	Gold	Phyllis Hughes / Vikas Sonwalkar
	Silver	Carol Johnson / Chirk Chu
	Bronze	Dave DeMay / Ritchie Musick
	4	Mario Najera / Aporn Stein
	5	Albert Parrish / Peggy Birkenbuel
(65-69) –	Gold	Jane Parrish/Jamo Parrish
(70-74) --	Gold	Donna Darnall / John Darnall

### *Draw Doubles*

(All Ages)	Gold	Dave DeMay / Phyllis Hughes
	Silver	Mario Najera / Ritchie Musick
	Bronze	Diann Darnall / Diane Lewis
	4	Donna Darnall / Chirk Chu
	Others	Aporn Stein / Alan Armbruster
		Gerri Grodzinsky / Kenny White
		Jane Parrish / Suzn Hanson
		Peggy Birkenbuel/Vikas Sonwalkar
		Carol Johnson / John Darnall
		Jamo Parrish / Goldie Southwood



# TENNIS

Commissioner: Joe Sullivan

## *Singles*

Men (50-54) –	Gold	Preechar Wongkit
Men (75-79) –	Gold	Dan Holleman

## *Doubles*

Women (55-59)	Gold	Anne Hauer & Lindsey Thornton
Women (65-69) –	Gold	Mary Matthews & Maida Buckley

# TRACK & FIELD

Commissioner: Bob Baker

## *50 Meter Dash*

Women (50-54) –	Gold	Kelley MacDonald	12.59
Women (55-59) –	Gold	Dawn Weyiouanna	9.75
Women (60-64) –	Gold	Bobbie Ritchie	8.44
Women (75-79) –	Gold	Peggy Birkenbuel	15.01
Men (50-55) –	Gold	Scott Stewart	7.52
	Silver	Bill Bicskei	8.09
	Bronze	Andrew Lesh	9.41
Men (55-59) –	Gold	Ron Harper	7.27
	Silver	Jim Lewandoski	8.32
	Bronze	Scott MacDonald	8.62
Men (60-64) –	Gold	Larry Stice	8.18
	Silver	Carl Hemming	8.97
Men (65-69) –	Gold	Bob Noreen	8.78
	Silver	Bernard Sartori	9.93
Men (70-74) –	Gold	Jim Cross	9.59
	Silver	Wayne Grieme, Sr	11.17
Men (75-79) –	Gold	Dan Holleman	8.12
	Silver	Jim Madonna	8.99

## TRACK & FIELD (cont'd)

### **100 meter Dash**

Women (50-54) –	Gold	Kelley MacDonald	22.48
Women (55-59) –	Gold	Dawn Weyiouanna	19.58
Women (60-64) –	Gold	Bobbie Ritchie	15.21
Women (75-79) –	Gold	Peggy Birkenbuel	37.25
Men (50-54) –	Gold	Scott Stewart	13.01
	Silver	Bill Bicskei	13.74
Men (55-59) –	Gold	Ron Harper	12.47
	Silver	Jim Lewandoski	13.53
	Bronze	Scott MacDonald	20.68
Men (65-69) –	Gold	Robert Noreen	14.87
	Silver	Bernard Sartori	17.41
Men (70-74)	Gold	Jim Cross	18.51
Men (75-79) –	Gold	Dan Holleman	14.32
	Silver	Jim Madonna	15.74

### **200 Meter Dash**

Women (55-59) --	Gold	Jane Lanford	38.08
Women (60-64) –	Gold	Bobbie Ritchie	35.52
Women (75-79) –	Gold	Peggy Birkenbuel	80.69
Men (50-54) –	Gold	Scott Stewart	30.01
	Silver	Charles Stevenson	40.49
Men (60-64) –	Gold	Carl Hemming	37.78
Men (70-74) –	Gold	Jim Cross	44.82
Men (75-79) –	Gold	Jim Madonna	36.38

### **400 Meter Dash**

Women (55-59) –	Gold	Jane Lanford	01:25.61
Men (50-54) –	Gold	Scott Stewart	01:11.32
	Silver	Andrew Lesh	01:11.61
Men (60-64) --	Gold	Fredric Wilson	01:44.31
Men (75-79) --	Gold	Jim Madonna	01:23.62

## TRACK & FIELD (cont'd)

### **800 Meter Run**

Women (55-59) –	Gold	Jane Lanford	03:19.37
Men (50-54) –	Gold	Scott Stewart	02:56.55
Men (60-64) –	Gold	Frederic Wilson	03:34.30
Men (75-79) –	Gold	Jim Madonna	03:12.60

### **1,500 Meter Run**

Women (55-59) –	Gold	Jane Lanford	06:12.90
Men (50-54) –	Gold	Scott Stewart	05:53.24
	Silver	Charles Stevenson	08:48.94
Men (60-64) –	Gold	Fredric Wilson	07:05.60
	Silver	Carl Hemming	07:55.99
Men (75-79) –	Gold	Jim Madonna	06:32.40

### **1,500 Meter Power Walk**

Women (50-54) –	Gold	Sushma Sonwalkar	12:17.91
Women (55-59) –	Gold	Dawn Weyiouanna	12:06.62
Women (60-64) –	Gold	Bobbie Ritchie	10:29.13
	Silver	Suzn Hanson	13:33.14
Women (75-79) –	Gold	Peggy Birkenbuel	13:59.82
	Silver	Mary Ann Nickles	14:02.14
Women (85-89) –	Gold	Hope Helms	13:31.01
Men (55-59) –	Gold	Vikas Sonwalkar	13:58.61
Men (65-69) –	Gold	Bernard Sartori	11:48.93
	Silver	Peter Stern	11:49.53
	Bronze	Ed Washburn	14:40.44
Men (70-74) –	Gold	Jim Cross	12:57.92
Men (80-84) –	Gold	Jack Ozment	12:07.31

## TRACK & FIELD (cont'd)

### *Discus*

Women (50-54) –	Gold	Susan Carney	41' 05"
Women (60-64) –	Gold	Bobbie Ritchie	46' 08"
	Silver	Diane Casterline	22' 07"
Women (70-74) –	Gold	Ritchie Musick	35' 04"
Women (75-79) –	Gold	Peggy Birkenbuel	35' 02"
Men (50-54) –	Gold	Andre Clay	47' 05"
Men (55-59) –	Gold	Dale Powell	86' 11"
	Silver	Jim Lewandoski	73' 07"
	Bronze	Ron Harper	57' 08"
	4	Peter Braveman	56' 09"
	5	Warren Taylor	56' 07"
Men (60-64) –	Gold	Larry Stice	93' 01"
	Silver	Fredric Wilson	87' 06"
	Bronze	Craig Loudon	73' 10"
Men (65-69) –	Gold	Thomas Parlee	102' 11"
	Silver	Bernard Sartori	46' 04"
Men (70-74) –	Gold	Jim Cross	76' 06"
	Silver	Wayne Grieme, Sr.	64' 04"
Men (75-79) –	Gold	Dan Holleman	69' 04"
Men (80-84) –	Gold	Bill Blockcolsky	56' 09"
	Silver	Jack Ozment	55' 09"

### *Javelin*

Women (50-54) –	Gold	Susan Carney	58' 05"
Women (55-59) –	Gold	Kathryn Powell	43' 06"
Women (60-64) –	Gold	Bobbie Ritchie	47' 04"
	Silver	Diane Casterline	38' 09"
Women (70-74) –	Gold	Ritchie Musick	27' 07"
Women (75-79) –	Gold	Peggy Birkenbuel	38' 00"
Men (50-54) –	Gold	Andrew Lesh	93' 05"
Men (55-59) –	Gold	Jim Lewandoski	93' 01"
	Silver	Ron Harper	87' 02"
	Bronze	Warren Taylor	39' 06"
Men (60-64) –	Gold	Craig Loudon	55' 09"
Men (65-69) –	Gold	Thomas Parlee	77' 05"
	Silver	Bernard Sartori	43' 11"

## TRACK & FIELD (cont'd) *Javelin*

Men (70-74) –	Gold	Wayne Grieme, Sr.	57' 10"
	Silver	Jim Cross	48' 02"
Men (75-79) –	Gold	Dan Holleman	58' 09"
Men (80-84) –	Gold	Bill Blockcolsky	47' 07"
	Silver	Jack Ozment	40' 10"

### *Long Jump*

Women (60-64) –	Gold	Bobbie Ritchie	9' 10.25"
Women (65-69) –	Gold	Gail Davidson	6' 01.00"
Women (75-79) –	Gold	Peggy Birkenbuel	3' 04.25"
Men (50-54) –	Gold	Charles Stevensen	9' 04.00"
	Silver	Andre Clay	8' 07.75"
Men (55-59) –	Gold	Ron Harper	14' 05.50"
	Silver	Jim Lewandoski	12' 04.50"
	Bronze	Scott MacDonald	10' 00.25"
	4	Warren Taylor	9' 09.00"
Men (65-69) –	Gold	Thomas Parlee	6' 10.75"
Men (70-74) –	Gold	Wayne Grieme, Sr	8' 07.50"
	Silver	Jim Cross	6' 08.00"
Men (75-79) –	Gold	Dan Holleman	10' 02.75"
	Silver	Frank McGilvary	3' 06.00"
Men (80-84) –	Gold	Bill Blockcolsky	3' 07.50"

### *Shot Put*

Women (50-54) –	Gold	Susan Carney	20' 00.25"
Women (60-64) –	Gold	Bobbie Ritchie	24' 10.25"
	Silver	Diane Casterline	15' 05.00"
Women (70-74) –	Gold	Ritchie Musick	16' 04.75"
Women (75-79) –	Gold	Peggy Birkenbuel	18' 07.75"
Men (50-54) –	Gold	Andre Clay	26' 08.00"
Men (55-59) –	Gold	Dale Powell	26' 04.50"
	Silver	Peter Braveman	25' 01.00"
	Bronze	Warren Taylor	20' 00.75"
Men (60-64) –	Gold	Craig Loudon	26' 07.50"

## TRACK & FIELD (cont'd) *Shot Put*

Men (65-69) –	Gold	Thomas Parlee	29' 02.00"
	Silver	Bernard Sartori	21' 10.25"
Men (70-74) –	Gold	Wayne Grieme, Sr	28' 03.00"
	Silver	Jim Cross	27' 00.50"
Men (75-79) –	Gold	Dan Holleman	26' 04.25"
Men (80-84) –	Gold	Bill Blockcolsky	25' 02.00"
	Silver	Jack Ozment	22' 04.75"

### *Standing Long Jump*

Women (60-64) –	Gold	Bobbie Ritchie	5' 06.50"
	Silver	Pat Moss	4' 08.50"
Women (65-69) –	Gold	Gail Davidson	4' 09.00"
Women (75-79) –	Gold	Peggy Birkenbuel	2' 08.00"

Men (50-54) –	Gold	Charles Stevenson	6' 07.25"
	Silver	Andre Clay	6' 06.00"
Men (55-59) –	Gold	Ron Harper	7' 09.00"
	Silver	Jim Lewandoski	6' 10.25"
	Bronze	Scott MacDonald	6' 02.00"
	4	Warren Taylor	5' 11.00"
Men (60-64) –	Gold	Craig Loudon	6' 03.50"
Men (65-69) –	Gold	Bernard Sartori	4' 10.25"
Men (70-74) –	Gold	Wayne Grieme, Sr	5' 08.00"
	Silver	Jim Cross	4' 09.50"
Men (75-79) –	Gold	Dan Holleman	6' 01.50"
Men (80-84) –	Gold	Bill Blockcolsky	2' 09.75"

### *Triple Jump*

Women (60-64) –	Gold	Bobbie Ritchie	22' 11.25"
Men (50-54) –	Gold	Charles Stevenson	17' 08.00"
Men (55-59) –	Gold	Ron Harper	30' 10.00"
	Silver	Jim Lewandoski	26' 01.25"
	Bronze	Warren Taylor	18' 07.25"
Men (70-74) –	Gold	Wayne Grieme, Sr	17' 11.25"
Men (75-79) –	Gold	Dan Holleman	21' 03.75"

## TRAP SHOOT

Commissioner: Jane Walsh

Women (55-59)	Gold	Lori Quakenbush	10
Men (55-59)	Gold	Brian Taras	14
Men (65-69) –	Gold	Craig Salsbury	12
	Silver	Paul Maki	8
Men (70-74) –	Gold	David Miller	10
Men (80-84) –	Gold	Joe Nava	18

## TRIATHLON

Commissioner: Amber Barlow

### *Individual*

Women (50-54)	Gold	Lisa Kljaich	1:27:28
	Silver	Ann Delong	1:42:21
Women (55-59)	Gold	Karla Taylor-welch	1:23:45
	Silver	Gayle Garrigues	1:27:34
	Bronze	Nancy Mazurek	1:58:59
Women (60-64)	Gold	Gail Koepf	1:22:16
	Silver	Mary Via	1:38:05
	Bronze	Susan Sugai	1:50:47
Women (65-69)	Gold	Gail Davidson	1:53:26
Men (50-54) –	Gold	Mehrdad Sabri	1:20:14
	Silver	Earl Peterson	1:20:43
	Bronze	Shane McBurney	1:35:15
Men (55-59) –	Gold	Don Kiely	1:18:07
	Silver	Warren Taylor	1:29:54
Men (60-64) –	Gold	Carl Hemming	1:42:06
Men (65-69) –	Gold	John Walsh	1:31:37
	Silver	Edward Callaghan	1:37:52

*Note: No Team Triathlon entries this year*